

CHRISTIAN RELIGIOUS EDUCATION

A Competency Based Curriculum Approach

Book 2

Notes



Simplified Low Secondary Curriculum Guide

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Theme; MAN’S SOCIAL RELATIONS.

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Theme: MAN'S SOCIAL RELATIONS

CHAPTER 1

Topic: RESPECT FOR HUMAN LIFE

Sub Topic 1:1

HUMAN DIGNITY AND RESPECT FOR LIFE

Human dignity and respect for life

(Activity 1;1 fountain)

Qn. What is human dignity?

Is the treatment of people with value or having self-value.

Qn. What are the elements of human dignity in society today.

- | | | |
|------------------|---------------|-----------------|
| > Respectfulness | > God fearing | > Politeness |
| > Good morals | > Calmness | > Courtesy |
| > Cleanliness | > Emotion | > Truthfulness |
| > Feeling | > Hardworking | > Relationships |

Qn. Identify the examples of respect for human dignity at home, school and community.

- Giving and caring for others regardless of who they are.
- Sharing amongst friends and also the community.
- Respecting people especially the old.
- Taking part in one's duties for both the young and the old.
- Helping the needy, elderly with any activity like house work, food, shelter etc.
- Also paying visits to the sick, prisoners among others as a sign of respect for human dignity.
- Donations to the poor in form of clothes, food, money among others.
- Taking part in charity runs like helping a friend when in need at school, also charity visits to the sick, old, disabled and the poor.
- Taking part in church activities, that is to say taking part in church cleaning, participate in church choir among others.
- Respecting people's ideas/ opinions and feelings.
- Addressing others properly, that is to say teachers, fellow students, village-mates among others.

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Causes of violation of human dignity

(Activity 1;2 fountain)

Qn. How are different people's dignity violated at school, homes and in the community.

- Segregation among people like in age, tribe, sex among others.
- Corporal punishment being inflicted on some people especially the women being beaten by men, children beaten by parents or administrators at school.
- Over working of other people also promotes human dignity violation.
- Child neglect by parent in homes.
- Child Labour is also a violation of personal rights or human dignity.
- Domestic violence among families.
- Sexual abuse that is to say forced sex among the young ones especially the girls.
- Drug abuse that is to say taking drugs like marijuana, opium among others.
- Too much alcoholism also leads to violation of human dignity.
- Mob justice which later results to sudden death deprives off human life.
- Human sacrifice among the community members.

Importance of respect to one another

Qn. Give reasons why all people should be respected

- All people should be respected because we are all created in God's image.
- Respect exposes out the sense of morality (behaviour) among people.
- Teaches people to cope with problems that is to say one gets to understand another and also help when in problems.
- Helps people to build better relationships with others hence promoting love.
- Allows one to enjoy peace of mind.
- Promotes a positive outlook on life.
- Helps people to achieve a given goal in life.
- Respect helps to make good friends and families in future.
- Help in building self-confidence within an individual.
- Helps one to be objective and open minded.
- People should also be respected because we are all equal in God's presence and have the same gift of life.

Being Human

(Activity 1;3 fountain)

Qn. What is being human?

Being human is the kind of care and concern which promotes self-respect regardless of any differences.

Being human helps a learner to;

- Develop skills of comprehension.
- Develop cooperative and self-directed learning.
- They acquire values of care.
- Promotes consideration among learners.
- Teaches empathy.
- Develops team work.
- Promotes cooperation.
- There is also respect for one another.

(Activity 1;4 fountain)

Activity for the learners; Debating on being human.

- 1. As a class, organize a debate on the motion “being human should not consider one’s status, level of education or religion.”*
- 2. After the debate, work in groups to prepare a power point or written presentation of the proposition and opposition point. Make a judgement that is final and fair.*

Describing Human and inhuman actions.

(Activity 1;5 fountain)

Qn. Describe the human and inhuman acts of life.

<i>Human acts</i>	<i>Inhuman acts</i>
✓ Kindness. ✓ Helping the poor. ✓ Feeding the hungry. ✓ Giving to those who are unable. ✓ Taking part in charity runs. ✓ Taking part in voluntary services.	✓ Mob justice. ✓ Defilement. ✓ Wasting food. ✓ Murder. ✓ Torturing others. ✓ Starving people to death. ✓ Making fun of the disabled. ✓ Making others feel small because of their sexuality, colour, age, status etc. ✓ Rape.

Qn. Describe the acts of dignity and the acts of indignity in life.

<i>Acts of dignity.</i>	<i>Acts of indignity</i>
✓ Decency ✓ Use of good language. ✓ Respecting people ✓ Having a good personal hygiene	✓ Making fun of others. ✓ Indecency ✓ Telling lies ✓ Greed

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✓ Abstinence till marriage.	✓ Romour mongering ✓ Using inappropriate language like abusive languages. ✓ Abusing drugs. ✓ Alcoholism
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Christian teaching on Human Dignity and respect for human life

(Activity 1;6 fountain, 1;3 baroque)

Qn. *What does it mean to be made in the image of God.*

➤ **Genesis 1;26-28**

26. And God said, let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and every creeping thing that creepeth upon the earth.

27. So God created man in in his own image, in the image of God created he him; male and female created he him.

28. And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of air, and over every living thing that moveth upon the earth.

➤ **Genesis 5;1-2**

1.This is the book of the generation s of Adam. In the day that God created man, in the likeness of God made he him;

2. Male and female created he them; and blessed them, and called their name Adam, in the day when they were created.

➤ **Genesis 9;6**

6.Whoso Sheddeth man's blood, by man shall his blood be shed; for in the image of God made He man.

Qn. *Why did God create man in his likeliness.*

- So as to be holy.
- To have dominion over His creation.
- So as to worship him.
- God also wanted to work with man.
- God wants to have love for man.
- So as to reproduce, multiply and fill the world.
- So as for man to add on the procreation journey on behalf of God.

The sanctity of Life

(Activity 1;8 fountain)

Qn. What is sanctity of life?

Sanctity of life is a principle of implied life that is said to be holy, sacred or otherwise of much value that they are not to be violated.

In simple terms sanctity of life means that life is holy and sacred.

Qn. How is sanctity of life preserved in your community.

Sanctity of life is preserved in the following ways;

- Helping strangers beaten up by robbers.
- Picking and helping abandoned babies.
- Advising one not to abort.
- Covering open pits that people don't fall in them.
- Teaching the community on the dangers of mob justice because it takes off one's life.
- Preaching the gospel of God so as to transform people's hearts to believe in God and also man being created in God's image.
- Guiding and counselling those with heavy burdens so as to avoid suicides.
- Talking against human trafficking, child sacrifice and also reporting any cases of a kind.
- Taking part in charity runs which is helping those in need.
- Showing love and kindness for the disabled, aged and many others who are also created in God's image too.

Qn. Brainstorm the ways in which sanctity of life is being abused in our communities, school and country today.

- There are too much mob justice acts today.
- Committing suicide is also an abuse of sanctity of life.
- Abortion by the pregnant girls and women.
- Too much child sacrifice today.
- Human trafficking is also evidenced today.
- Too much child labour.
- High rates of sexual immorality (sexual abuse)
- Slavery is also still evidenced.
- Poisoning is also common.
- Fornication etc.

(Activity 1;9 fountain)

Qn. How do we describe human life.

- Human life is precious than anything because it's created in God's image.
- Human life is holy because the spirit dwells in it.

- Human life is sacred, that is to say supposed to be clean from any sins.
- Human life is pure and worthless.
- Human life is also a gift from God because He created it in His image and likeness.

Reading about sanctity of life in the bible

Old testament teaching about sanctity of life.

(Activity 1;10 fountain, 1;4 baroque)

- **Genesis 1;27,**

27. So God created man in His own image, in the image of God created he him; male and female created he them.

- **Genesis 20;13,**

13. Thou shalt not kill.

- **Genesis 20;17,**

17. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.

What do the above verses imply?

They imply that;

- Life is a sacred gift from God.
- Life should be protected.
- Life should be preserved and spared.
- Life is a spirit and thus is holy in God's fate.
- One who kills the other has also damaged God's soul and sanctity hence deserves punishment or hell.
- Also calls upon us not envying others property and life.
- Calls upon having love and being kind to others and treat each other as equal before God.

New testament teaching about sanctity of life.

Jesus attitude towards Human dignity

(Activity 1;11 fountain, 1;5 baroque)

Reading John 8;1-11,

Summary verses.

- Jesus went onto the mountain of Oliver.
- Then went to the temple early morning, sat people down and taught them.

- The pharisees and the elders brought unto him a woman taken in adultery.
- They said to him, master this woman was taken in adultery and Moses's law commands that such should be stoned to death.
- They said this tempting Jesus that what do you say on this act.
- Jesus bent down on the flow meditating as they continued to provoke him.
- Jesus rose up and asked any without a sin to rise up a stone and throw to the woman.
- He bent down again writing on the flow.
- The elders, pharisees and the other people left one by one and by the time Jesus rose up, He saw none but the woman.
- He asked the woman where are they, she replied no man was left.
- Then Jesus told her to go and sin not and also repent off her sins to the Lord.

Qn. What lessons do we learn from this story of Jesus as Christians.

- Jesus saved a woman caught in adultery from being stoned to death, so we are encouraged to respect one another and value each other's life.
- Our attitude to human dignity should be fair treatment or everyone including sinners just as Jesus treated the prostitute fairly.
- Christians also learn that no sin should take human life for example mob justice just as Jesus pardoned the woman who was to be stoned to death.
- Christians learn that both man and woman are equal in God's fate just as Jesus did not victimize women as the teachers of the law did.
- Christians learn that ever being can do an error hence no one is perfect. This was evidenced by the people who accused the woman of sin yet they themselves do sin.
- Christians learn to treasure every life and give every sinner the opportunity to change just as Jesus gave the woman an opportunity to change her life.
- Christians also learn to follow Jesus example when handling human life that is to say not to racially judging others.
- Christians also learn not to sin because sin stains the sanctity of life just as Jesus told the woman to stop sinning.
- Christians learn that the sacredness of life comes from the fact that humans are created in God's image, therefore we should respect and take care of our lives.
- As Christians, we learn to advice and offer kind treatment to one another so as to change from evil ways other than victimizing one another.

Sub topic 1:2

APPRECIATING LIFE AS A SPECIAL GIFT FROM GOD

Ways of respecting and protecting life and nature.

(Activity 1;12 fountain)

How do we protect and preserve our nature?

Nature is in two categories that is to say the plant section and animal section.

Preservation of plants is done by;

- Pruning.
- Weeding.
- Spraying using pesticides.
- Watering them.
- Shielding them from a lot of sun heat by making shades.

Preservation and protection of animals is done by;

- Feeding them well.
- Treating them whenever they are sick.
- Giving them good shelter.
- Giving them the acquirable protection.

(Activity 1;13 fountain, 1;6 (a) baroque)

Qn. How do we protect and respect life.

- Provision of basic needs like food, clothing, education etc.
- Taking part in immunization or vaccinating against diseases.
- Doing physical exercise for example playing football, running among others.
- Eating healthy foods.
- Practicing hygiene and cleanliness also protects life.
- Having freedom of worship which keeps us in good terms with God the creator.
- Having a freedom of speech and expression which also shows respect for life.
- Passing laws to protect the vulnerable people.
- Equal treatment for all regardless of gender, status, background and education is a way of respect for human life.
- Promoting social justice and equality by Combating discrimination, poverty and injustice to ensure equal opportunities and rights for all individuals.
- Promoting education and awareness about the values of life. This include teaching empathy, among others.

Promoting Human dignity through self-esteem and assertiveness

(Activity 1;14 fountain, 1;8 baroque)

Qn. What is assertiveness?

Assertiveness is being able to stand for your rights in a calm and positive way.

Examples of assertiveness

- Refusing to go with friends to night clubs.
- Saying no to early sex before marriage for the young youth.
- Not to date until the right time.
- Keeping descent, dignified in school and in the community.
- Keeping to your words that is to say being honest.
- Having respect for one another.
- Avoiding bad peer groups.

Qn. How can one be assertive at home, school and in the community.

At home.

- Clearly communicating ones needs and boundaries to other family members.
- Practicing active listening to understand one another perspectives.
- Having empathy for one another.
- Having equal treatment of one another without blaming or attacking others.
- Saying no to early marriages by parents for the children especially the girl children.

At school,

- Seeking help from teachers or other classmates when in need rather than staying silent.
- Practicing good time management and prioritizing tasks to avoid feeling overwhelmed.
- Refusing to join bad peer groups at school which mislead one into bad acts.
- Asking questions when you need clarifications or additional information.
- Avoiding early involvements in relationships.

In the community,

- Refusing favours from bad relatives with bad intensions in the community.
- Refusing the influence of sugar daddies and sugar mummies.
- Engaging in community activities and initiatives that align with your interests and values.
- Volunteer and contribute to the betterment of your community.
- Listening to different perspectives and engaging in meaningful dialogues to foster understanding.

Self-esteem

Qn. What is self-esteem?

Self-esteem is confidence in one's own worth or abilities.

Qn. How does self-esteem promote human dignity.

- Protects one from calamities.
- Builds confidence of one in him/ herself.
- Helps people understand their worth.
- Encourages one not to easily give up.
- Encourages one not to be easily misled and also not to be won by materialistic cheap favour.
- Helps individuals also to treat themselves with respect and dignity. This is when individuals have a positive self-image and believe in their own worth.
- By asserting boundaries, individuals protect their dignity and demand to be treated with respect.
- Self-esteem also provides individuals with the confidence and resilience to face challenges and setbacks. This allows individuals to maintain their dignity even in difficult circumstances.
- Influences the quality of relationship individuals form with others. i.e. tend to avoid abusive or demeaning behavior and surround themselves with positive people.

Qn. How does lack of self-esteem and assertiveness destroy human dignity.

Lack of self-esteem and assertiveness involves lack of self-confidence hence causing the following;

- Make people fearful and timid hence easily lured.
- One can be easily be misled into many destructive activities which abuse human dignity like mob justice, sacrifices, among others.
- One can be lured to drugs, alcohol among others which are dangerous to human life and costly to human dignity.
- Leads to early sex hence early unplanned children pregnancies which also moves with its negative effects of child neglect, complications like in the time of delivery etc.
- Also lead to early children marriages which latter lead to dis stable families.
- Leads to joining of bad peer groups of theft, murderers, hence destroying one's dignity.
- Destroys one's reputation and image in that one lacks respect from others.
- Causes harm and stress to somebody for example when one is affected by HIV/AIDs, due to lack of self-esteem leads to loss of human dignity.

Completing the table about the confidence and assertiveness

(Activity 1;15 fountain)

Use the table below to categories the given statements as assertive, not assertive, low self-esteem or high self-esteem

<i>Statement</i>	<i>characteristics</i>
Self-confidence and self-worth.	Assertive High self-esteem
Failure to express your opinion and feelings.	Not assertive.
Ability to say no without being violent.	Assertive. High self-esteem.
Struggling to say no to people.	Low self-esteem.
Ability to say what you need or want.	Assertive.
Finding it hard to give and get respect.	Not assertive.
Finding it hard to complain to others.	Low self-esteem.
Ability to express your feelings, opinions, needs openly while respecting the rights of others.	Assertiveness. High self-esteem.
Being confident, clear and controlled.	Assertive. High self-esteem.
I am not good enough.	Low self-esteem.
I can make it.	High self-esteem.
I must be perfect.	Assertive.
I am not worthy.	Low self-esteem.
I can do it.	Assertive.

Acts that deprive respect for Human life

You learnt that life is sacred, also discovered ways human life should be respected.

You know that being assertive and having a high self-esteem can help to promote human dignity. But did you know also that some people do not give human life the respect it deserves.

So, in this part we shall find out the acts that deprive respect for human life.

(Activity 1;17 fountain, 1;7 baroque)

Qn. What are the acts that deprive human life today.

- Abortion of the unborn babies' deprivers off the life of babies.
- Alcoholism with its associated effects also tends to deprive human life.

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- Child forced Labour which is carrying heavy loads like jerricans, produce etc. for longer distances causes health effects to children hence depriving one's life.
- Corporal punishment of others like children by parents, women by their husbands or criminals by the clan or a mob also deprives human life
- Homicide which is intentionally causing the death of another person like murder, manslaughter etc. also deprives human life.
- Acts of terrorism which involve deliberate targeting of civilians with the aim of causing fear, panic and loss of life also deprives off human life.
- Also acts of genocide which involve mass killings, forced displacement, and other acts aimed at eradicating targeted groups like a particular ethnic, racial or religious group.
- Human trafficking which is the illegal trade of human beings for various purposes like forced labour, sexual exploitation and organ harvesting also deprives human life.
- Negligence or reckless behaviors that lead to accidents like drunk driving, medical malpractice can also result in the loss of human life.
- Domestic violence which can lead to severe physical harm or death, also is a significant issue that deprives individuals off their rights to safety and security.
- Child battling by house maids or parents deprive children's lives.
- Rape and defilement of young girls and women out of their conscience also deprives life.
- Committing suicide takes off one's life which is not acceptable by God hence depriving one's life.

(Activity 1;17 fountain)

Qn. Identify the effects of such actions on the life of a human being.

- Lead to loss of respect for one another.
- Alcoholism leads to poverty and irresponsibility.
- Child starvation leads to child grow retardation, diseases among others.
- Also lead to chest related complications for lifting heavy lifts.
- Some acts like rape and defilement to the girls leads to psychological fear and toucher.
- Child battling can make children neglect school and end up in the streets. That is to say these children end up being homeless.
- Smoking a lot can cause lung associated diseases.
- Family break downs are also caused by parents fighting or child harassments by maids which lead to divorce and shame to families.
- Civil wars also cause insecurity in an area.
- Suicide leads to self-denial and death.
- Acts like terrorism also lead to death of innocent souls which is a sin to God.

Qn. How can such actions be completely stopped from communities.

- Laws to be enforced to protect people from bad, brutal and irresponsible actions like domestic violence, rape, defilement etc.
- Heavy punishments to be put in place like imprisonment of the crime breakers.

- Promoting education and awareness programs that emphasize the values of human life, empathy and respect for others. This can be done through schools, community organizations and media campaigns.
- Establishing social support systems that address the root causes of violence, such as poverty, inequality and social exclusion.
- Encouraging peaceful conflict resolution mechanisms, such as mediation and dialogues to prevent disputes from escalating into violence.
- Encouraging active participation and engagement among community members. This can be achieved through community events, forums and initiatives that promote understanding.
- Implementing strict regulations and control on the availability and possession of weapons, particularly firearms to reduce terrorism, civil wars, robbery etc.
- Preaching the gospel of equality by religious leaders and also sensitizing people that life is a precious gift from God and should not be used to indulge in bad actions like rape, murder, suicide among others.
- The community taking part in reporting bad actions so as to achieve effective actions and help from the responsible authorities like police, the arm on acts like terrorism, human trafficking among others.
- Taking part in projects and active events like games, church activities so as to avoid idleness among people which lead to bad acts of theft, rape among others.
- Teaching people to respect one another by the clan leaders and also punishing those who disobey others.

The biblical teaching about respect for human life

Old testament teachings.

(Activity 1;18 fountain, 1;11 baroque)

✓ **Leviticus 19; 12-18**

Teaches us the laws of the lord.

Qn. What does Leviticus 19;12-18 teach us on respect for human dignity.

- Teaches us not to oppress or rob your neighbours.
- Teaches us to pay wages of workers in time.
- Teaches us to treat well people with defects or disabilities well.
- Teaches us to judge in righteousness.
- Teaches us not to mistreat the poor and in fairness
- Not to stand against the life of your neighbours, hate a brother in your heart among others.
- Teaches us not to bear a grudge against your relatives but to love neighbours as you love yourself.
- Teaches us to deal with humility, respect, love and consideration.

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✓ **Numbers 35:9-12**

According to Numbers 35:9-12, show how slaves, housemaids, sinners, the poor, criminals, suspects and people with disabilities should be treated.

- God condemns revenge without trials.
- Even if one kills a person accidentally, God provides way of escape for the one guilty.
- There should be love for one another as you love yourself.
- We should promote forgiveness of each other and also accept our bad wrongs we commit to others by confession.
- Each one should be treated equally with love and passion regardless of status and dignity.
- We should also give to the needy like the orphans, disabled among others hence showing love to them.

The new testament teaching

(Activity 1;19 fountain, 1;12 baroque)

✓ **Matthew 9:9-13,**

Summary text,

- Jesus left the place and as he was walking along, he saw a tax collector called Matthew.
- He was sited in his office and said to him follow me.
- Matthew got up and followed him.
- While Jesus was having a meal at Matthews place,
- Many tax collectors and outcasts joined him together with his disciples.
- Some pharisees spotted him and asked his disciples why he eats with such people.
- Jesus had them and replied, people who are well do not need a doctor but only those who are sick.
- Further told them go and find out from the scriptures that says its kindness that I want, not animal sacrifices.
- I have not come to call respectable people but outcasts.

Qn. How did Jesus promote the dignity of sinners (outcasts)

- He ate with them.
- He prayed for them.
- At most times associated and stayed with them.
- He also fed the outcasts.
- He dined with this people like Zacchaeus, Matthew the tax collector etc.
- He accepted crucifixion on behalf of all the sinners.
- He also forgave the sinners and asked them to repent off their sins.
- Jesus also showed compassion and mercy towards sinners and showed kindness to those who were suffering.

- Jesus taught about the importance of love and emphasized that all individuals are equal in God's presence.

Note;

Activity for the learners;

Let the learners summarize the book of Luke 19;1-10 in their books as an activity.

Reading more bible verses (Exodus 20;12-17)

Exodus 20;12-17,

(Activity 1;20 fountain)

Qn. Identify ways in which human dignity should be promoted according to the above chapters.

Human dignity according to Exodus 20;12-17 should be promoted as follows;

- Honouring parents.
- Not committing murder or taking one's life.
- Not to commit adultery.
- Not to steal.
- Not to accuse others falsely.
- Not to convert your neighbour's house, wife, servant or animals.

Promoting the human dignity of the underprivileged.

(Activity 1;21 fountain, 1;13 baroque)

Dramatical reading of the scriptures.

- ✓ Exodus 21;1-3
- ✓ 2 Samuel 9;1-8
- ✓ James 5;1-6
- ✓ Colossians 3;22
- ✓ Colossians 4;1
- ✓ Mark 1;40-45
- ✓ 1 Peter 2;18-20

Use the findings to complete the table.

<i>Bible text.</i>	<i>Lessons/ teachings on promotion of human dignity.</i>
Exodus 21;1-3	✓ Slaves should be treated well. ✓ Slaves should be left free on the seventh year.
2 Samuel 9;1-8	✓ The disabled, the less privileged should be treated with kindness, loyalty and also welcome them.

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	✓ We should also learn to Share, dine and sit with them. ✓ We learn to treat them with honour.
1 Peter 2;18-20	✓ We learn to submit to our masters, the good and bad ones. ✓ We learn to be good and being conscious of God's presence.
James 5;1-6	✓ The rich should pay wages to their workers in time. ✓ They should also listen to the complains of their workers and also treat the poor fairly.
Colossians 3;22	✓ Slaves or workers should obey their bosses with sincere hearts, even when they are absent.
Colossians 4;1	✓ Slaves should obey their masters with sincere hearts. ✓ Masters should be fair and offer just treatment to their slaves or workers.
Mark 1;40-45	✓ Jesus promoted the dignity of a man suffering from skin disease, so we should promote the dignity of people who need help.

Qn. Identify the kind of unprivileged people in our societies.

- > The sick
- > The elderly.
- > The disabled
- > The poor
- > Orphans
- > Victims of accidents, bombs
- > The neglected
- > The homeless
- > The widows
- > Refugees
- > Victims of floods, landslides.
- > People with life complications.

Qn. How should the unprivileged people be treated.

- They should be helped or provided for like in financial help, care among others.
- They should be given their requirable facilities like wheel chairs for the lame etc.
- Those affected or displaced by floods, landslides, need to be resettled.
- They also need to be clothed for those who are not able like the lame.
- Unprivileged people should have access to equal opportunities as others, regardless of their race, gender, or any other characteristics.
- They should be protected from discrimination and prejudice. That is to say laws to be put in place to deal with discrimination activists depending on the gender, race age of others.
- Efforts to be made to empower the unprivileged like providing them with necessary skills, resources and opportunities to improve their lives.
- They need to be loved so as to show faith and trust in them.
- Education also plays a crucial role in breaking the cycle of poverty and empowering the unprivileged people.
- Building community support and efforts that uplift the unprivileged is essential. This can be achieved through mentorship programs and grassroot organizations that provide support, resources and sense of belonging.
- Promoting social mobility which can be achieved through policies that provide equal access to education, job opportunities and social support systems.
- Encouraging empathy and understanding. This helps in breaking up biasness.

Promoting the dignity of children and women in the bible

(Activity 1;22 fountain)

Qn. *Share situations where women and children are not treated in the same way as men in your community.*

- When it comes to education, segregation is evidenced especially the girl children and parents see it not necessary for them to go to school as compared to the boy child.
- At times women are not trusted with some political posts just because they are women.
- Women also are still not allowed to have a say in families in some tribes up to today.
- Some children are not recognized in some families especially the step children.
- There is still forced and too much labour on both the women and also some children in certain families and tribes.
- Forceful marriages are still taking place at most for the young girls and also made to take up undesirable choices.
- Child neglect is also still the case where by children are left to cater for themselves due to neglect by the parents.
- Forced women emancipation by some tribes like the Sabin's is also still evidenced.
- Divorce is also common which is always being done by the men deliberately at times to do away with some women is also a mistreatment.
- They are also highly affected by gender-based violence which include human trafficking, sexual assault etc. they often face higher risks and more vulnerable so such abuses.
- Women often face wage gaps and limited access to economic resources and opportunities.

How Jesus promoted dignity of children in Mark 10;13-16

(Activity 1;22 fountain, 1;14 baroque)

Qn. *Explain ways in which Jesus promoted the dignity of children in Mark 10;13-16*

Mark 10;13-16

- Called for the little children to be brought to him for they belong to God's kingdom.
- He recognized their presence.
- Then blessed them and instructed them to God's kingdom too.

How Jesus promoted the dignity of women in John 4;1-9 and Luke 7;36-39

(Activity 1;22 fountain, 1;15 baroque)

Qn. *Share opinions on how Jesus promoted the dignity of women in John 4;1-9 and Luke 7;36-39.*

In John 4;1-9 and Luke 7;36-39

- Jesus met the Samaritan woman in Samaria at Jacobs well.

- Jews had no dealings with Samaritans but Jesus associated with her.
- He broke all the cultural odds.
- Jesus forgave a sinful woman who was supposed to be stoned to death according to the laws of Moses.
- Jesus associated with a sinful woman who anointed Him with the most expensive perfumes.
- She was known to be so much of a sinner but Jesus made her close to him.
- Jesus also encouraged women to move with him in his missionary journeys like Mary Magdalene and other women.

Qn. Identify and explain other scriptures in the bible where the dignity of children and women was promoted.

- ***Genesis 1;26-31.***

God created man and woman in his image. This means that all people are the same in the sight of God.

- ***Deuteronomy 10;17-19,***

God does not show partiality and does not accept bribes, so he makes sure that orphans and widows are treated fairly. This means we have to show love for the orphans and widows and treat them fairly too plus the foreigners.

- ***Psalms 139;13-16,***

God formed each of us and knows us intimately.

- ***Proverbs 22;2,***

The Lord is the maker of both the rich and the poor.

- ***In Luke 10;25-37,***

The good Samaritan recognized the dignity of the stranger and cared for his life.

- ***In John 4;1-42,***

Jesus broke the societal and religious customs to honor the dignity of the Samaritan woman.

- ***In Romans 12;9-18,***

Love one another, contribute to the needs of others, live peacefully with all.

- ***In Corinthians 3;16,***

It teaches that we are holy, God's temple and God dwells in us.

- ***Galatians 3;27-28,***

All Christians are one in Christ Jesus.

➤ *In 1 John 3;1-2,*

See what love the father has for us, that we should be called children of God.

➤ *1 John 4;7-12,*

Let us love one another because love is from God.

Women and children's dignity today

(Activity 1;23 fountain)

Qn. *What is the meaning of rights and freedom?*

A right

Is a descent or legal power to have or do something.

Freedom.

Is the power or right to act, speak, or think as one wants without obstacles.

Qn. *Read and write Articles 24, 31 and 34 of the constitution.*

➤ *Article 24.*

No person shall be subjected to any form of torture or cruel, inhuman or degrading treatment or punishment.

➤ *Article 31,*

Women's rights. The constitution stipulates that men are equal to women in terms of equal rights.

➤ *Article 34,*

Subject to the laws enacted in their best interests, children shall have the right to know and be cared for by their parents or those entitled by law to bring them up.

A child is entitled to basic education which shall be the responsibility of the state and the parents of the child.

Qn. *What are the children rights as stipulated in the Uganda constitution.*

- Right to education.
- Right to shelter.
- Right to clothing.
- Right to receiving equal love from parents or guardians.
- Right to religion.

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- Right to freedom of speech while at home.
- Right to express their views and talents.
- Right to social services like owning home materialism from their parents.
- Right to health services for better health status.
- Right to associate freely with others.
- Right to food and also protection.

Qn. *What are the Women's rights as stipulated by the Ugandan constitution*

- Women are to have equal treatment as men in the society.
- Women shall have the affirmative actions for the purpose of redressing the imbalances created by history, tradition or customs.
- Women are not supposed to be harmed in traditional practices like
 - >Early and forced marriages.
 - > Abduction of girls.
 - > Polygamy.
 - > Widow inheritance.
 - > Wife beating.
 - > Bride price among others.

Qn. Share ideas on how children and women's rights have been exercised at home, school and community.

At home,

- Children have been provided with basic needs like food, clothing, shelter etc.
- Traditional gender role has been challenged and equality has been promoted to support both the women and the children in homes.
- Laws and policies have been enacted to protect women and children from discrimination, violence and abuse.
- All the genders both boys and girls have been provided with basic education.
- Efforts have also been made to promote women's active participation in decision making processes with in families.

In the community.

- Equal employment opportunities have been promoted that also favors the female gender.
- Governments and organizations work to provide access to quality education, healthcare and social services for children.
- Children protection laws and policies aim at preventing child labor, exploitation and abuse.
- Community based programs and initiatives focus on promoting children's participation in decision making progress that affects their lives positively.
- Community also has worked on changing societal attitudes and norms that perpetuate discrimination and inequalities like genital mutilation on the women.

At school for the children,

- The (UNCRC) United Nations Convention on the Rights of the Child recognizes children's right to education, protection, participation and non-discrimination.
- Schools have provided a safe and inclusive environment for all children, regardless of their background, gender or abilities.
- Schools ensure that children have access to quality education including primary and secondary education, vocational training and higher education.
- The school administrations have also protected the girl child and have supported the girl child to stay safe at school by providing emergency medications and attention.
- Schools also provide supportive services like counselling and health services so as to promote children's well-being.
- Schools also help promote children's participation in decision making processes that affect their lives. This are involving the children in school governance, encouraging their participation in extracurricular activities etc.

Violation of dignity

(Activity 1;24 fountain)

Qn. How have children and women rights been violated today.

Children and women's rights today have been violated as follows;

- The girls and women have been sexually harassed or abused today.
- Many young children especially the girls have been raped.
- Children have faced challenges of food denial.
- Education has been denied to most children especially the girl child.
- High rate of domestic violence.
- There is forced labour without rest.
- Corporal punishments or beating are in excess today.
- Denial of shelter hence leading to street children.
- Early and forced marriages for the girl children are experienced today.
- Too many practices of child sacrifices existing today.
- Human trafficking and abduction are also experienced for at most the children and women is common today.
- Practices of divorce in families is also evidence leading to breakages in families.

Qn. How can we stop children and women mistreatments.

- Women empowerment programs to be put in place so as to empower the girl child and anticipate them.
- Promoting education and awareness programs that teach women, children and communities about their rights, gender equality and the importance of respectful relationships.

- Strengthening and enforcing laws that protect the rights of children and women such as laws against domestic violence, child abuse and human trafficking.
- Establishing and funding support services for the victims like shelter, counselling, legal aid etc. this should be accessible and culturally sensitive to meet the specific needs of children and the women.
- Promoting economic empowerment of women through access to education, skills training and employment opportunities. Empowered women are better equipped to protect themselves and their children from mistreatment.
- Engaging the community in addressing issues by promoting dialogues, challenging harmful social norms and fostering a culture of respect and equality.
- Encouraging community leaders, religious institutions and influential figures to speak out against mistreatments of children and women.
- Providing parenting programs and life skills education to equip parents and caregivers with positive parenting techniques, conflict resolution skills and stress management strategies. This helps prevent mistreatments in families.
- Fostering international cooperation and collaboration to combat child and women mistreatment, including sharing best practices, exchanging information and supporting initiatives aimed at prevention and protection.
- Involving the men and boys as allies in the fight against child and women mistreatment by encouraging them to challenge harmful masculinity norms, promote respectful behavior and actively support gender equality initiatives.
- Encouraging responsible media portrayal of women and children, avoiding stereotypes and promoting positive role models.

Biblical teachings about respect for Human Life

(Activity 1;27 fountain)

On. *Use the internet or a bible or library books to discover the biblical teachings about human dignity. Copy and explain them to your note books.*

➤ **Galatians 3;28**

Says that there is neither Jew or Greek, there is neither slave nor free, there is no male or female; for all are one in Christ Jesus.

➤ **Matthew 7;12,**

Says that so whatever you wish that others would do to you, do also to them, for this is the law and the prophets.

➤ **John 15;17,**

These things I command you, so that you will love one another.

➤ **Matthew 10;24,**

A disciple is not above his teacher, nor a servant above his master.

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➤ **Mark 12;31**

Says that the second is this, you shall love your neighbor as you love yourself. There is no other commandment greater than these.

➤ **Colossians 4;1-18,**

Masters, treat your slaves justly and fairly.

➤ **Matthew 25;35,**

For I was hungry and you gave me food, I was thirsty and you gave me a drink, I was a stranger and you welcomed me.

➤ **Micah 6;8,**

Lord requires justice, kindness and humility.

➤ **Genesis 9;6,**

Whoever sheds the blood of man, by man shall his blood be shed for God made man in his own image.

Revision questions,

1. *Identify the ways how human dignity is promoted today.*
2. *Outline the ways human dignity is violated in the society today.*
3. *Identify the ways Jesus promoted the dignity of sinners and the unprivileged.*
4. *Give reasons why human life should be respected and promoted.*
5. *Give a summary of the Biblical teaching on human dignity.*

Sub topic 1:3

SEXUALITY AS GOD'S DESIGN OF CREATION

Meaning of Human Development and sexuality

(Activity 1;28 fountain, 1;18 baroque)

Qn. Define the following terms

1. Human sexuality

This is the way people experience and express themselves sexually.

2. Human Development

Refers to the biological, cognitive and social-economic changes that begin at conception and continue through the life span.

Qn. Identify the body changes that show human development.

- Change in the body shape.
- Change in the voice speech. That is to say deepens for the men and stereo for the women.
- The growth of pubic hair.
- Development of pimples.
- Development of breasts in ladies.
- Enlargement of hips for the ladies.
- Body changes in size and structure.
- The boys or men grow more muscular.
- Growth of beards.
- Body changes in colour.
- Development of pubic hair in private parts and armpits.
- Development of feeling in both sexes and menstruation cycles for the ladies.

Reading the bible and discussing human sexuality.

(Activity 1;29 fountain)

In groups, learners read the creation stories in Genesis 1;26-28 and Genesis 2;5-18

Qn. Discuss and write situations that would be impossible if there were only men.

If there were only men in the world, several situations would be impossible as follows;

- Without women, natural reproduction through sexual reproduction would not be possible. that is to say it would rely on artificial reproductive technologies.
- With only men, the genetic pool would be limited, leading to reduced diversity and potentially increasing the risks of genetic disorders and diseases.

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- Absence of women would impact the dynamic and roles within families, affecting child-rearing, nurturing and emotional support.
- Without women, there would be a significant imbalance in perspectives, potentially limiting creativity, innovation and progress.
- Absence of women also would greatly impact social interactions and relationships.
- Women have played an important role in shaping cultural and artistic expressions. Their absence would result in a loss of diverse narratives, perspectives and artistic contributions.

The dignity of human sexuality

(Activity 1;30 fountain)

Qn. *Generate a list of actions which show that one observes respect for human sexuality.*

These actions include;

- Decency in the dressing code.
- Respect of the opposite sexes by treating each other fairly and equally, regardless of sexual orientations, gender identity etc.
- Recognizing and honoring personal boundaries.
- Working to dismantle harmful stereotypes, biases and prejudices related to sexual orientation and gender identity.
- Speaking out against discrimination, harassments and violence targeting individual based on their sexual orientation or gender identity.
- Use of appropriate languages for communication that doesn't affect others.
- Showing love for one another.
- Respect for oneself and also others.
- Being honest to yourself and also to others.
- Promoting personal hygiene and also character towards other sexes.
- Behaviour and decision making of a person also promote dignity.
- Advocating for equal rights and protections for individuals of all sexual orientations and gender identities this include marriage equality, anti-discrimination laws and legal recognition of gender identity.

Dignity of Human sexuality and Hygiene

(Activity 1;31 fountain, 1;19 baroque)

Qn. *What is personal hygiene?*

Personal hygiene is how you care for your body.

Qn. *Why should personal hygiene be continuously sensitized as a form of self-respect.*

- Personal hygiene builds self-esteem or confidence in a person.
- Keeps and makes us healthy.

- Personal hygiene makes a person mentally and physically active.
- Also builds self-respect and prestige (pride of oneself).
- Promotes behaviour. i.e. reflects one's professionalism and respect for colleagues and clients.
- Maintaining good personal hygiene practices also help to prevent the spread of germs and reduces the risks of infections and diseases like cholera, running stomach etc.
- Good hygiene is essential for social acceptance and positive interactions with others.
- Also helps to prevent body odors like bad smell, being stinky among others.
- Personal hygiene can also have a positive impact on your mental and emotional state. That is to say helps in reducing stress factors, improving moods among others.
- Regular bathing and skincare routines can also help prevent various skin infections, such as acne, rashes and other infections.

Qn. Identify the ways you can maintain personal hygiene at home, school and in the community.

This can be done through the following;

- Making up the beds after waking up.
- Washing clean our belonging after use like the clothing, utensils etc.
- Bathing regularly.
- Cleaning our homes or school by sweeping the compounds.
- Slashing the bushy compounds to avoid stagnation and production of mosquitoes.
- Cleaning drainages if available like at school or in the community.
- Doing communal work like taking part in cleaning the garbage dumped all over the community like in the centers, hospitals, towns etc.
- Also participating in cleaning the water sources like the wells, borehole etc. which are being used for fetching water.
- Practicing proper disposal of wastes in destined dust bins and not anyhow on the compounds or community.
- Practicing general cleanliness of the households like the dormitories at school by moping and sweeping to prevent accumulation of dusty places.
- Cleaning and also taking part in proper disposal of wastes in the toilets or latrines to avoid bad smell and inconveniences.
- Ensuring community monitoring of homes for best facilities like latrines, dustbins and hand washing facilities.

Qn. Identify the challenges you face in trying to maintain proper hygiene.

Here are some common challenges;

- Lack of knowledge. Many people may not have access to accurate information about proper hygiene practices.
- Inadequate hygiene facilities in public spaces, such as public toilets without proper sanitation or handwashing facilities, can discourage individuals from practicing good hygiene outside their homes.

- Individuals with physical or mental disabilities may also face challenges when trying to maintain hygiene due to their inability to help themselves. Like the lame, blind.
- Modern lifestyles, characterised by hectic schedules and time constraints, can make it challenging for individuals to prioritize hygiene practices.
- Insufficient education and awareness programs on hygiene practices and implementations can also hinder individuals from adopting proper hygiene habits.
- Lack of knowledge by some individuals on how to brush teeth or even bathing.
- Financial problems also tend to hinder individuals from accessing hygiene materials such as soap, toothpaste or sanitary pads.
- Some communities may also have traditional practices that are not aligned with modern hygiene standards. Overcoming these cultural barriers can be challenging.
- Inadequate access to clean water and sanitation facilities also make it difficult for individuals to maintain proper hygiene. This is at most challenging in areas with poor infrastructure or in situation such as natural disasters or emergencies.
- There is also lack of knowledge on how to wash toilets and latrines and also the importance of regular cleaning of the available water sources then.

Self-respect in terms of valuing own body

(Activity 1:32 fountain, 1:20 baroque)

Qn. Share how you value your body as the temple of the Holy spirit.

- Practicing abstinence until the right time or marriage.
- Promoting personal hygiene.
- Eating a balanced diet to keep one in a good shape.
- Dressing decently in public.
- Avoiding drugs and alcoholism which tend to dehumanize people.
- Respecting other people's bodies and status by avoiding bad touches on ladies or girls.
- Recognizing the divine presence of God in one another since the body is the dwelling place of God's spirit.
- Taking part in regular exercises and getting enough rest which keep the body healthy.
- Seeking proper medication when needed so as value the body as the temple of the holy spirit.
- Involving in nurturing our mental and emotional well-being through practices like self-reflection, managing stress and cultivating positive relationships.
- Avoiding immoralities like adultery, fornication and pornography because the body which is God's temple is not for sin or immorality.
- Promoting justice and compassion, this is by living in accordance with the principles of love, kindness and integrity.

Qn. What does self-respect in terms of valuing our own bodies promote sexuality as God's design of creation.

- Valuing one's body promotes health living.
- Also promotes moral uprightness.

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- Promotes peaceful and harmonious living with others.
- Promotes respect for self and others.
- Saves young girls from unwanted pregnancies and the related consequences like early pregnancies and its related complications.
- One is saved from sexually transmitted diseases when practicing abstinence from sex.
- Also saves an individual from abrupt responsibilities like child parenting etc.
- It is also one way of observing religious and cultural values.
- Creates equality between the men and women when laws are implemented. This brings love, kindness and justice for one another.

Self-respect in terms of protecting oneself from communicable diseases

(Activity 1;33 fountain, 1;24 baroque)

Qn. What are communicable diseases?

These are diseases that can be spread from one person to another and cause a large number of people affections.

Qn. What are some of the communicable diseases that you know.

- | | | | |
|-------------|------------------------|-------------|-------------------|
| >Chlamydia | > Syphilis | > Influenza | > Cholera |
| > Ebola | > Tuberculosis | > Mumps | > West Nile virus |
| > Corona | > Measles | > HIV/AIDs | > Lyme diseases |
| > Gonorrhea | > Hepatitis A, B and C | > Rabies | |

Qn. How are communicable diseases spread.

They are transmitted through the following ways;

- Through sexual intercourse.
- Through coughing like corona.
- Through blood contacts like HIV.
- Through air. Like Ebola, corona etc. which are air borne diseases.
- Through bites like for rabies by the dogs or cats.
- Through contaminated water (for the water borne diseases)
- Through poor hygiene.
- Through body contacts.
- Through sharing objects or blood contacts
- Through the environmental changes and climate.

Qn. How can they be prevented.

- By keeping good hygiene.
- By minding about one's health and body especially the infants.

- Using handkerchiefs whenever sneezing.
- Abstaining from sex to avoid sexually transmitted diseases.
- Encouraging people and taking part in vaccination exercises according to recommended schedules especially the new born infants.
- Promoting good hygiene practices like handwashing with soap and water, proper disposal of tissues and other wastes materials to avoid spread.
- Taking part in regular cleaning and disinfecting of the commonly touched surfaces and objects.
- Establishing a surveillance system to monitor the occurrence of communicable diseases. This is by encouraging early reporting of symptoms and prompt testing to identify victims and take appropriate action.
- Educating the community about the transmission, symptoms and prevention of communicable diseases.
- Promoting safe food handling practices to prevent foodborne illnesses. This is by proper cooking, storage and hygiene practices during food preparation.
- Taking part in health policies and regulations of contact tracing, quarantine measures for those affected.
- Being faithful to one another and take part in testing for status at most the couples.

On. Identify the consequences of involving in early sex.

- Early and un planned for pregnancies with their associated problems.
- Leads to labour complications when one gets pregnant at an early age like failure to deliver leading to surgeries.
- Lead to aborting of unwanted pregnancies by some individuals.
- Lead to early dropping out of school for the sake of students.
- Can increase the risk of sexually transmitted infections like HIV/AIDs, chlamydia etc.
- Can also lead to emotional repercussions for the young age, for example feeling guilty, regret or confusion especially if the individual is not emotionally ready for a pregnancy.
- Also, at times creates social stigma, bad judgements and discrimination by others.
- Can lead to loss of careers or jobs for same institutions or talent-based jobs.
- Early sexual activities can also contribute to mental health issues such as anxiety, depression and low self-esteem.
- Early sex can also lead to forced marriages where by when a pregnancy happens and one side isn't ready for the responsibility at most the boy. Leads to forced marriages and its associated evils of lack of trust for one another, no love in the family etc.

Project work

Talking compound.

With the help of the class teacher, design messages about abstinence.

Write them on small wooden boards and place them in the school compounds.

School club

Form an abstinence club, “no sex before marriage” (NSBM club). Vote the leaders of the club including the president and secretary of the club.

Religious teachings about sexuality

(Activity 1;35 fountain, 1;25 baroque)

Reading and taking note of bible texts.

1. Genesis 1;27-28,

27. So God created man in his own image, in the image of God he created him; male and female.

28. God blessed them and said to them. "Be fruitful and increase in number; fill the earth and subdue it.

Rule over the fish of the sea and the birds of the air and over every living creature that moves on the ground.

Teaching.

- God created man and woman to be fruitful and increase in number.

2. Ecclesiastes 9;9-10

9. Enjoy life with the woman whom you love all the days of your fleeting life which He has given to you under the sun; for this is your reward in life and in your toil in which you have labored under the sun.

10. Whatever your hand finds to do, do it with all you might; for there is no activity or planning or knowledge or wisdom in Sheol where you are going.

Teaching,

- Man is told to enjoy life with the woman he loves.

3. 1 Corinthians 7;3-4,

3. Let the husband render to his wife the affection due her, and likewise also the wife to her husband.

4. The wife does not have authority over her own body, but the husband does. And likewise, the husband does not have authority over his own body, but the wife does.

Teaching,

- Husbands and wife are told to render affection to one another.

Qn. Identify how Christians should value their own bodies.

- Christians are to observe a good dressing code hence making the decent and presentable to others.
- Christians are also to seek spiritual growth by nurturing their relationship with God. This helps one to find guidance and strength to honor and value one's body.
- Christians are also to abstain from sexual immoralities since the body is God's temple and God's spirit dwells in it.

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- Christians have to recognize that their worth as a person is not solely based on physical appearance but developing inner virtues such as kindness, humility and love.
- Christians are also to avoid negative influences, harmful media and toxic relationships that can negatively impact the mental and emotional well-being.
- Engaging in acts of kindness, compassion and service that utilize one's physical abilities to help those in need and bringing glory to God.
- Christians are also to refrain from talking vulgar words that tend to hurt and harm others.
- Encouraged to take care of physical health. This include maintaining a balanced diet, getting enough rest among others. By doing this, one is honoring the body that God has given to him or her.
- Avoiding bad peer groups which tend to miss lead into sin, immoralities among others.
- Christians should also treat their bodies with respect and honour, as they are sacred vessels where God's spirit dwells.

Qn. How have the youth misused and abused their bodies today.

The youth have misused or abused their bodies today through the following ways;

- Through early sex.
- Through bad dressing.
- Through drug abuse. i.e. use of drugs like cocaine, marijuana etc.
- Through prostitution.
- Use of vulgar languages.
- Watching pornographic movies.
- Through bad peer groups who give bad advice.
- Excessive consumption of processed foods leading to obesity, malnutrition and various chronic diseases.
- Too much permissiveness which has led to wrong doings like immoralities etc.
- Some have also taken part in selling their body organs in exchange for wealth which is also an abuse of the body today.

African Traditional ways of promoting Human dignity.

(Activity 1;36 fountain, 1;26 baroque)

Qn. How did the African Traditionalists promote human dignity and their sexuality.

- They maintained virginity as a norm in the clans.
- Practiced decent dressing.
- They carried themselves with dignity and respect for one another depending on age and sex.
- They did their duties which were associated to the differences in gender and age.
- Ladies were to sleep in their parents houses until marriage time to avoid inconveniences.
- Both girls and boys got sexual education from their paternal aunties and uncles at puberty levels.
- The youth were humbled and disciplined and could respond to situations gently with full respect.
- Had respect for the elderly and also picked up advices from them.

- General cleanliness was also taught to the boys and girls in the different growth stages.
- Unity and respect for one another was also emphasized which promoted a peaceful stay.

Qn. What lessons do we learn from the African Traditionalists on promoting human dignity.

- We learn to preserve our bodies for the right time to use (abstinence)
- We learn to preserve our cultures and norms.
- We learn to respect oneself.
- We learn to promote our dignity.
- We learn to dress decently to show self-respect.
- We learn to do our duties as boys and girls in time without any complains.
- We learn to be disciplined and also listen to the elderly.
- We learn to protect ourselves from early marriages and pregnancies through keeping a virgin life.
- We learn to respect the elderly and also getting more advices from them.
- We learn to sit down the young children and teach them about their sexuality and how to keep personal hygiene.

Revision Sample activities.

1. *Identify ways young people should respect their sexuality.*
2. *How should a teenager promote personal hygiene?*
3. *Mention the ways young people can value their bodies.*
4. *What are the advantages of young people abstaining from early sex?*
5. *Write a summary of religious teachings on human sexuality.*
6. *Summarize on the ways African traditionalists promoted human dignity.*

SAMPLE ACTIVITIES OF INTEGRATION

Sample 1.

Teo is a young secondary school who lives in Musana village. She is a teacher of mathematics and loves teaching her students. Teo is married to Bob, who lives and works in kampala.

Last month, Teo gave birth to two beautiful twin babies, Wasswa and Nakato. Since it was during the school term, Teo requested the school administration to grant her maternity leave so that she takes care of her twins and regains energy because she was still weak.

However, the school administrators refused to give her the maternity leave and went ahead to terminate her from the school because she failed to report to work. She was also denied her wages that had accumulated in arrears. They went ahead to spread rumours saying that doctors

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have advised her to practice family planning in vain. She became the talk of the school as someone that gives birth almost annually, hence giving little time to a job that is so desired by many.

Task.

1. *Based on the knowledge of respect for human life, what is wrong with the administration's reaction towards Teo.*
2. *What ways can the school administration bring back Teo's lost dignity.*
3. *With specific reference from the Bible, advise Teo, Bob and the school administrators.*

Sample 2

Last year a story was told in one of the suburbs of Kampala city, that a group of angry youth beat a young man terribly.

The man was suspected to have grabbed a handbag from a woman who had been running and screaming. As if beating was not enough, the mob became rowdy, brought car tyres and burnt the young man to ashes.

Task.

1. *If you were a mayor of that town, design a warning poster to the youth on the best ways to respect and protect human dignity.*
2. *Write an essay suggesting how Christians should avoid such acts that deprive people off their dignity and human life.*

End of chapter 1

Theme: MAN'S SOCIAL RELATIONS

CHAPTER 2

Topic: MARRIAGE

Sub Topic:

PURPOSE OF COURTSHIP AND MARRIAGE

Meaning and the purpose of marriage

(Activity 2;1 fountain, 2;4 baroque)

Qn. What is marriage?

Is an agreement between a man and a woman to establish a permanent communion of life for mutual comfort and support.

Qn. What is the purpose of marriage according to (Genesis 1;27) and (Genesis 2;18-23)

➤ Genesis 1;27,

27.SO God created human beings, making them to be like himself. He created them male and female.

➤ Genesis 2;18-23,

18.Then the Lord God said, "it's not good for the man to live alone. I will make a suitable companion to help him.

19. So he took some soil from the ground and formed all the animals and all the birds. Then He brought them to the man to see what he would name them; and that is how they all got their names.

20. So the man named all the birds and all the animals, but not one of them was a suitable companion to help him.

21. The Lord God made the man fall into a deep sleep, and while he was sleeping, he took out one of the man's ribs and closed up the flesh.

22. He formed a woman out of the rib and brought her to him.

23. Then the man said, "At last, here is one of my own kind, bone taken from my bone, and flesh from my flesh. 'woman' is her name because she was taken from man.

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Qn. Identify the purpose or reasons why people marry.

People marry because of several reasons which are as follows;

- To ensure that human beings get companionship.
- To prove that they are mature men and women.
- To get wealthy.
- For prestige.
- Some marriages are also associated to job security.
- To avoid the aspect of barrenness.
- Marriage also provides legal and financial advantages such as tax benefits, inheritance rights, shared property ownership etc.
- People marry so as to fulfill the desire to conform to social norms and culture demands.
- People marry to honor their faith and seek blessings from their religious community.
- Marriage provides emotional security and a sense of belonging to a committed relation, making many people to get into marriage bonds.
- People also marry because of the higher expectations from society, family and friends.
- People also marry to fulfill the desire to have children and also becoming parents.
- Marriage is also done at times to fulfill and create a friendship among tribes. This acts like a period of reconciliation among others.

Types of marriages

(Activity 2;2 fountain, 2;3 baroque)

Qn. Identify the types of marriage you know.

This include;

- Church marriages/ weddings.
- Customary marriages/ traditional marriages.
- Civil marriages.
- Islamic marriages.

Qn. How different are the above forms or types of marriage.

Islamic marriages

Is the form of marriage that takes place before in the mosque and presided over by the Muslim leaders.

Church marriage

This is a marriage arrangement where the religion or the faith of the couple is followed. It is a marriage conducted following the religious beliefs or practices of the couples.

Characteristics of religious marriage

- The marriage ceremony takes place in a church premise or building.
- The marriage is presided over by the religious leaders like pastors, priests and the reverends.

- There is exchange of matrimonial vows between the partners. They do promise to stay together as husband and wife permanently in all circumstances.
- Monogamy is the ideal type of marriage recognized and accepted. The man must marry only one wife.
- Certificates are given after the marriage. This is to prove that the man and woman are legal husband and wife. These certificates are signed by the couple, best man, matron and the religious leader.
- The couples are supposed to be of the same religion and in some cases the same Religious denomination.
- The marriage ceremony is done before a group of believers or congregation. They are therefore witnessing to the marriage.
- There is exchange of wedding rings during the marriage ceremony. These rings act as a physical sign that the couples are legally married.
- The marriage intention is announced in the church for a given period of time say two or three months.
- The marriage is built on a permanent basis. It is only death that can separate them.
- The couples are treated as equal in the marriage since both are created in God's image.
- The traditional or customary marriage is supposed to have been conducted before going to the church.

Advantages of church marriage

- The marriage is relatively stable. This is because it is based on Christian values like love, humanity and faithfulness among others.
- The marriage encourages and promotes equality between the husband and wife. This can enable the couples to enjoy their marriage life.
- It enables a couple to give enough time for each other since it is one man and one woman in the marriage relationship.
- The marriage is built on a permanent basis and therefore it lasts forever until death.
- There is enough guidance and counseling before and after the marriage. The couples are required to attend counselling sessions in the church under the guidance of religious leader.
- The marriage is more public. The congregation witnesses to the marriage ceremony.
- This marriage is made more legal since certificates are given after to show that the two are husband and wife.
- The couple receive blessings from God through the religious leaders. This means that the couples have a place in the heavenly kingdom.
- It fulfils God's command of pro-creation. Through it, the couple can produce children in following God's command of multiplying and filling the world.
- It checks against marital unfaithfulness like adultery and prostitution among others. This can make the marriage more enjoyable.
- The couples are given enough respect by the community members as legal husband and wife.

Disadvantages of religious marriage

- Some people who marry in church tend to undermine other forms of marriages.
- Some unforeseen problems like infertility in marriage are likely to destabilize the couples in future.

- The marriage is very expensive. A lot of money is spent during the preparation for the marriage ceremony. Requirements which should be bought include the clothes, cakes and rings among others.
- The marriage restricts one's choice of a partner. This is because the couples are expected to be of the same religion or religious denomination.
- Some couples are very shy and therefore it becomes very difficult for them to stand and make promises before the congregation.
- It can make one become a slave in marriage. This is especially in the event of difficult moments like fighting, poverty and constant illness of the partner. This makes the life of a partner very difficult since the marriage is meant to be permanent.
- The marriage takes a lot of time especially in its preparation. The couples are required to first get letters of approval from their parents and keep on going for marital guidance and counselling before the actual date for the marriage.
- Some people with ill-intentions can easily destroy the marriage. This is because the marriage intention is open to the public to give their views during announcement in the church.

Customary marriage

This is a type of marriage which take place within the established customs of a given community.

In other words, it is a marriage arrangement where the customs or the cultures of a given community or a particular group of people are followed. This is a type of marriage common in an African setting.

Characteristics of customary marriage

- The marriage is carried out following the customs or the cultures of a particular group of people.
- The man intending to marry follows the cultures or the customs of the woman. This is because it is the family of the girl giving her a way to the family of the man in an official visit.
- The marriage ceremony takes place at the ancestral home of the woman. The parents and the relatives of the man pay an official visit to the family of the girl pre-arranged. It is on this day that the woman is handed over officially.
- It involves the payment of bride wealth and in some cases, exchange of gifts. This is where the family of the man moves along with some items including animals like cows, goats and beers and give them to the family of the girl.
- In this marriage, the man holds a superior status and therefore, the head of the family.
- The parents and the rest of the family members can choose the marriage partner or approve the choice made by their children.
- The community members are involved in the marriage arrangement. They are involved through giving sex education to the children, contributing towards the payment of bride wealth or even making choices among others.
- Virginity of the girl is valued and respected in this type of marriage. A girl found to be virgin earns respect for her family and an additional gift could be given in appreciation for her moral uprightness.

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- Marriage is between people of different clans. This is because people of the same clan are considered brothers and sisters.
- In this marriage, polygamy is recognized, accepted and respected. A man is allowed to marry more than one wife depending on his ability to take care of them.
- There are rituals performed during marriage ceremony. Such rituals include praying, dancing and eating food among others.
- The marriage is associated with taboos particular to community. Among others, having sex during funeral rites is forbidden.
- Widows are inherited in this marriage arrangement. This is based on the ground that a woman married to the family belongs to everyone. Therefore, upon the death of her husband, either the brother or uncle of the deceased is allowed to take the responsibility as the husband.
- The marriage is built on a permanent basis. Therefore, the marriage is a life time affair.

Advantages of customary marriage

- The marriage is relatively cheaper. Being a community affair, everybody contributes especially in the payment of bride wealth. This eases the tension associated with the payment of bride wealth.
- It caters and provides solutions for unforeseen problems in marriages like infertility of the woman. This is because it allows polygamy.
- It encourages and promotes sexual morality in marriage since virginity is highly valued and respected.
- There is enough sex education given to the partners before and even after being joined together. This enables the partners to know their roles as husband and wife.
- The marriage promotes the cultures of a particular group of people like keeping animals.
- The marriage is long lasting since it is built on permanent basis. This enables the partners to enjoy their marriage relationship.
- The marriage promotes unity not only between the two families but in the family community since everyone is expected to be part of it.
- The marriage is more stable especially after the payment of bride wealth. This is also brought about by the continuous guidance given to the couple.
- There is enough freedom given in this marriage since restrictions like religious differences are not considered.
- This marriage is flexible. It gives room for polygamy and divorce in extreme cases like over beating of one of the partners.
- This marriage considers that proper choice of a partner is made. The parents also are allowed to choose or to approve the choices made by their children.

Disadvantages of customary marriage

- It tends to promote inequality in a marriage since the man is considered to be superior and the woman inferior and submissive.
- It may be expensive especially when they over demand the bride wealth like money and domestic animals including cattle and goats. This may make the groom's family poorer.
- The interest of the community appears to be more important than interest of the couples. This means that the couples may not enjoy their marriage relationship.

- It is also possible that one can marry a wrong choice. This is because the parents are allowed either to choose or to approve the partners for their children.
- A lot of time is spent before marriage arrangement. Many steps are involved like identifying the partners, informing the parents, waiting for the parent's approval and the sex education.
- The marriage can easily break. This is because it gives room for divorce in cases like infertility and marital unfaithfulness.
- There is no evidence or legal document like certificates to show that the man and woman are husband and wife.
- It is possible that the marriage can be unstable especially where the marriage is polygamy. Conflict arising from disagreement between co-wives can easily disrupt the normal family life.
- It limits the freedom of the wife. This can be after the death of the husband where she is supposed to be inherited by another man within the same family.
- The marriage can be affected by evil traditional practices and beliefs like witchcrafts.

Civil or state marriage

This is a marriage arrangement conducted following the law of the land as provided in the constitution of a given government.

Characteristics of civil marriage

- It is presided over by an official government representative. In Uganda, it is either the Chief Administrative Officer or the Resident District Commissioner.
- The intention of the marriage is displayed on a public notice board. This is to enable the public to give their views on whether or not the couples can go ahead and marry.
- The couples are required to get letters of permission from their parents in order for them to marry.
- The couples are required to get the letters of introduction from the local council leaders. This is to prove that they are the residents of where they claim to live.
- Certificates are given after the marriage. This acts as a legal document to show that the man and woman are husband and wife.
- It officially recognizes monogamy as the ideal type of marriage. The man is allowed to marry only a woman at a time.
- It gives room for couples to divorce especially in extreme cases like over fighting and marital unfaithfulness.
- Family property belongs to both the husband and the wife. This is because they have equal rights in their marriage relationship.

Advantages of civil or state marriage

- The marriage is more legal. The certificates given by the government can prove that the two are husband and wife.
- The marriage is flexible. Among others, it gives room for separation and divorce in case of continuous misunderstanding in the marriage.
- The marriage saves a lot of time. It does not require a lot of preparation.

- The marriage is relatively cheaper. Only the two can even present themselves before the government representatives during ceremony and besides it may not require expenses like hiring cars and the after parties.
- The marriage is protected by the laws of the land. This enables the couples to enjoy their marital rights.
- It reduces unnecessary interference before the parents and the relatives. This is because the couples are subject to the state.
- There is freedom of choice in this marriage. One is free to choose from any religion, tribe and race as long as there is love.

Demerits of civil or state marriage

- The marriage can be delayed especially if the government representatives are too busy with the state duties.
- It is possible for the marriage to break easily since it gives room for separation and divorce.
- The marriage can be destroyed by people with ill intentions. This is because the marriage intention is displayed on the public notice boards.
- There can be cultural confusion in the family since the partners are allowed to marry from any culture.
- The parents are denied their full rights over their children's marriage relationship. This means that the parents are detached from the affairs of their children.
- There can also be religious confusion in the family since the partners are allowed to marry before any religion.
- There is no marital guidance and counseling given to the partners. This may mean that the partners can easily make mistakes in their relationship.

Marriage as a custody of love and honesty

(Activity 2;4 fountain,2;5 baroque)

Qn. What circumstances or examples show love and honesty in marriage.

- Accepting mistakes in a relationship as partners.
- Practicing forgiveness of one another whenever in wrong.
- Being truthful to each other.
- Taking care of one another in a relationship
- Sharing all that is born between the couples.
- Having respect for one another.
- Understanding one another's condition, thought and characters amongst the couples.
- Showing integrity for one another.
- Being straight forward and also openness amongst the couples.
- Having love and faith for one another.
- Being helpful to each other.

Qn. What situations happen to marriage in the absence of love and honesty.

- Too many quarrels and disagreements amongst the couples.
- Couples struggles to develop and maintain a deep emotional bond hence leading to loneliness, dissatisfaction with in the relationship etc.

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- The family develops a communication breakdown.
- Without love and commitment, one or both partners may be more prone to seeking emotional or physical intimacy outside the marriage.
- There is lack of support and understanding. This can lead to feelings of isolation and a breakdown in the overall marital dynamics.
- Loss of trust for one another.
- Lead to neglect amongst the couples. That is to say child neglect or the couples themselves.
- Can lead to feelings of resentment and bitterness towards one another, creating a toxic atmosphere within the marriage.
- Fights can also break in such marriages.
- Inability to resolve issues since the couples may struggle to find common grounds or finding solutions to their problems.
- Increased likelihood of separation or divorce in marriages.

(Activity 2;5 fountain)

Reading the bible and completing the table about the value of love and honesty in the text.

<i>Bible text</i>	<i>The values of love and honesty in the text.</i>
Genesis 29;15-20	✓ Jacob accepting to work for 14 years to pay for Racheal shows love and honesty.
1 Samuel 1;1-8	✓ Elkanah was concerned about Hannah's condition. He remained committed to her even when she did not have a child.
Deuteronomy 24;5	✓ Spending time together has values of love for a married partner.
Proverbs 5;15-20	✓ Faithfulness to a marriage partner only shows values of love and honesty.
Proverbs 31;10-12	✓ Confidence in a marriage partner shows the value of love and honesty.
Exodus 20;14	✓ Prohibiting adultery is a sign of advocating for the value of love and honesty.
Colossians 3;14	✓ Christians are advised to love as the basic of life.
Ephesians 5;25	✓ Giving is a sign of love in marriage (sacrifice life for a marriage partner)
Ephesians 4;2-3	✓ Humility, gentleness, patience are values of love in marriage.

Courtship

Meaning and importance of courtship

(Activity 2;6 fountain, 2;1 baroque)

Qn. What is courtship?

Courtship refers to a close or the intimate relationship between a man and a woman who are mutually attracted to each other with the intention of getting married.

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It may also be used to mean the friendship developed between a man and woman attracted to each other.

Qn. Explain the importance of courtship.

- It gives time for the partners to know each other properly before deciding to marry.
- The man and the woman are able to discover each other's dislikes and likes. This enables the partners to appreciate their differences and accept one another the way they are.
- It enables the partners to know the strength and weakness of one another. This makes it possible for one partner to accommodate the other's weaknesses.
- It gives time necessary for the man and the woman to prepare for marriage in the future.
- They can use such a time for to put together the requirement necessary for their marriage including the bride price.
- It enables the partners to make proper choices. This is because marriage is arrived after a long interaction.
- It tests the love that each partner has got for another. This lays a strong foundation for a future stable marriage.
- It helps the partners to adjust their behavior or character in order to accommodate the incoming behavior or character.
- It gives the opportunity for the partners to grow into a mutual understanding and gives respect to one another.
- It enables the partners to know each other's character. This helps the partner to decide whether or not they can be together with the identified character in future.
- Courtship helps to reveal the family background of each partner. This is in respect to their character and financial status among others.
- It helps to guard against life crisis which may arise as a result of knowledge of the partner. This could be problems related to fertility. It is, therefore, easier to reconcile with each other in the future.
- It allows each partner to introduce each other to the relatives. This enables the partners appreciate their family differences.
- It enables the man and the woman to come together in order to establish a firm relationship in preparation of future life together.

Factors to consider when choosing a marriage partner

- One should consider beauty involving the skin color, height and body size among others. This ensures that one is happy and satisfied with his or her choice.
- The age of a person should be considered when choosing a marriage partner. It is better if one is relatively younger than the other.
- Love should be considered. This forms the foundation of a strong and stable marriage for the partners in the future.
- The health status of a person should be highly considered. One should choose someone with a better health status.
- The cultural background of the two partners should be considered. There should be some similarities in their ways of life. This is important in creating harmony and understanding in the marriage.
- One should also consider the family background. This can help the partners to assess whether they can easily fit in that particular family.

- The financial status of a person should be considered. A partner should at least be in position to support the other by providing the basic needs like food and clothes.
- One should consider the character of a person. Virtues like politeness, humility and honesty should form part of the partners' personality.
- The profession of a person should also be considered. The jobs should give enough time to the partners to enjoy the presence of each other.
- The level of education of the partners should relatively be the same. This helps to promote a better understanding and communication between the partners.

Qn. What is not recommended of a Christian during courtship.

- Staying together in the relationship.
- Premarital sex. (fornication)
- Having intimacies (bad touches) in isolated places.
- Telling lies to one another.
- Cheating on one another.
- Loss of trust on one another.
- Quarrels over small arguments.

Problems associated with absence of courtship before marriage

(Activity 2;7 fountain 2;2 baroque)

Qn. What are the problems associated with lack of courtship in a marriage.

- It can easily lead to fornication especially if it is prolonged. Fornication has its own problems like unwanted pregnancy and acquisition of sexually transmitted diseases like AIDS.
- It is possible that people with ill intentions can ruin the partners through rumors. This can easily bring their relationship to an abrupt end thus leaving the partners heartbroken.
- It can make some youth to become rebellious towards their parents and their relatives. This is especially if such relatives disapprove their relationship.
- It may not necessarily lead the man and the woman into marriage. This is especially after one has realized the weaknesses of the other.
- Some partners may be attracted to each other because of material benefits. Therefore, in the absence of such benefits like money, the relationship is most likely to come to an end.
- It is possible that the partners may disagree in small issues as a result of being close to one another every now and then. This can lead to frustration.
- It may lead to breaking of cultural values. Young people tend to choose their own partners independently.
- It is also difficult for the young partners to find the ideal and suitable partner. Because of this, they may be forced to keep moving in search of a better relationship.
- The love between a man and woman can easily be destroyed. If the courtship becomes too long, an impatient partner may lose interest in the relationship.
- It may be difficult for each partner to identify whether or not the other one is true and committed to the relationship or simply pretending.

The value of unity in the marriage

(Activity 2;9 fountain, 2;7 baroque)

Qn. What is unity?

Unity is a state of being united or joined as a whole.

Qn. What ways can unity be brought in a marriage.

- Through being prayerful.
- Through obedience of one another in the marriage.
- Being trust worthy to each other.
- Remaining honest in the marriage.
- Forgiving one another whenever there is a quarrel or a mistake committed by one member.
- Sticking to vows and faith made between the partners.
- Fulfillment of the marital obligations.
- Showing respect and honour for each other.
- Also supporting each other in times of need and trouble.
- Understanding each other in the relationship.

Qn. Identify the causes of unity and disunity in marriage today.

Causes of Disunity.

- Unfaithfulness in marriage.
- Poor communication among the partners.
- Lack of humility.
- Ignorance of the teachings of God causes disunity.
- Rumours also cause disunity in marriage.
- Pride and arrogance cause disunity.
- Lack of intimacy between the partners.
- Unresolved conflicts.
- External factors such as work stress, family dynamics etc.
- Financial problems and differences.
- Unrealistic expectations about marriage and the roles of each partner can lead to disappointments and dissatisfactions.

Causes of Unity.

- Love for one another.
- Having a spirit of forgiveness in a marriage.
- Reconciliation among the partners.
- Having bible lessons.
- Having prayer within each other.
- Having trust for one another.
- Having a good communication among the married couples.
- Having respect for one another.
- Having humility for one another
- Being truthful and faithful amongst each other.

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(Activity 2;10 fountain)

Qn. What can unity do in a marriage.

- Unity guards the marriage relationship.
- Brings good results in marriage.
- Brings victor and prosperity in a marriage.
- Brings success in a marriage.
- Promotes peace among the married couples.
- Creates the ability for a marriage to stand and overcome challenge.
- Cultivates a positive environment. That is to say couples who are united tend to have a more harmonious and peaceful relationship, fostering love, respect and happiness.
- Helps couples navigate through difficult times and overcome challenges. This is through supporting each other, finding solutions together and emerge stronger from the experience.
- Also promotes teamwork.
- Fosters trust and support amongst the married couples.

Sub Topic 2:2

IMPORTANCE OF CHILDREN IN MARRIAGE AND SOCIETY

The importance of children in marriage

(Activity 2;11 fountain, 2;9 baroque)

Qn. *Explain the importance of having children in marriage*

- Children act as a sign of blessings in a family.
- Children show fertility among the partners.
- Children are a sign of continuity and expansion of the clan and family.
- Children also give company in a marriage relationship.
- Children provide labour while in homes.
- They also act as a seal of marriage.
- Children prolong the life span of the couples because people live to remember one through children when he/she dies.
- Bring prestige and good reputation to a couple hence making them functional.
- They also act as cultural heritages i.e. they live for the culture and also expansion of the culture.
- Source of wealth that is to say, the ladies when married off.

The values of children in marriage in the bible

<i>Bible text</i>	<i>The values of the children</i>
Genesis 1;28	✓ God blessed the couples to be fruitful and multiply to fill the world. ✓ This shows that behind every marriage, the idea to have children is vital.
Genesis 21;1-7	✓ Sarah, Abrahams wife gave birth to Isaac as God had promised ✓ The birth of Isaac brought joy and laughter to Sarah. ✓ She sang a song.
1 Samul 1;18-20	✓ The birth of Samuel brought joy, laughter to Hannah too. ✓ Hannah also sang and gave praise to the Lord. ✓ She later offered Samuel to the Lord as a sacrifice.

Keeping a childless marriage happy

(Activity 2;14 fountain, 2;11 baroque)

Qn. *Suggest ways of keeping a childless marriage happy.*

- By adopting a child so as to feel company.
- Having constant prayers to God for his revelation.

- Trusting and having believe in God that he can do anything possible.
- By performing marital duties satisfactorily. That is to say, the couples taking part in their family duties without pointing at one another.
- Giving one another peace of mind by not blaming themselves for the barrenness.
- Making up vows and decisions to stay together in their state.
- Encouraging them to keep going for guidance and counselling services.
- Respecting and loving each other also keeps a childless marriage happy.
- It can also be done if the couples give each other care company and attentions.
- Having marital comfort and reduced temptations in a marriage.

The right time for pregnancy

The right time for a pregnancy is after getting married

(Activity 2;15 fountain)

Qn. What are the effects of getting pregnant at a wrong time.

- Leads to school dropout.
- Leads to forced marriages.
- Also leads to early marriages and parenting.
- Ends up to practices like abortion.
- One can committee suicide.
- Can also cause stigma/ stroke.
- Leads to birth complications i.e. failure to produce hence surgery or birth of pre-mature kids.
- Can also lead to loss of career.
- Can cause affections like STDs. These are AIDs, syphilis etc.
- Also leads to loss of self-esteem and respect.

Qn. What are the causes of early pregnancies today.

- Bad peer influence from friends.
- Ignorance among the young generation on the complications of a pregnancy.
- High poverty levels which lead to forced early marriages.
- Lack of sex education.
- Influence from the mass media.
- Mistreatment of the young one's by some hush parents.
- Love for adventure. This is the desire for try error.
- Influence of drug addicts who have a lot of libido hence raping and defiling the young girls.

Sub Topic 2:3

CHRISTIAN TEACHING ABOUT MARRIAGE

The values of love, patience and forgiveness

(Activity 2;16 fountain, 2;13 baroque)

Reading Hosea 2 and 3;1-3

At the command of God,

- Hosea married Gomer who became unfaithful to her husband.
- Hosea sent her to the desert, where she found troubled life.
- Later, God told Hosea to reconcile with his wife gomer and to love her again.
- Hosea paid approximately 15 pieces of silver and 150kg of barley to get her back.
- Hosea forgave Gomer, he was patient with her until their marriage worked out again.

Note;

The elements of love, patience and forgiveness must be in marriage if they are to have a meaningful life.

That is to say;

- It took Hosea a lot of time and patience to put up with a prostitute and an adulterous woman.
- Because of Hosea's patience and constant love, he did not marry another wife.
- He kept himself until his wife came back.
- Hosea forgave his wife after the shame she caused him and their children.
- Christian couples should copy Hosea's example to love and forgive each other to be patient with each other so as to save their marriages.

(Activity 2;17 fountain, 2;14 baroque)

The conduct of husband and wives according to 1 Peter 3;1-7

According to the teaching of ***(1 Peter 3;1-7)***

- Wives must submit to their husbands.
- Wives should be of good character showing inward qualities of love, kindness, generosity among others.
- They should also show humility and gentleness in their marriage.
- Wives are called upon to imitate Sarah the wife of Abraham to endure and have patience in marriage.
- Wives also should be known for their good deeds to their husbands.
- Husbands should understand their wives as a weaker sex and treat them with respect.
- Husbands should treat them as equal partners of the gift of life.

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- Husbands and wives should treat each other in a way that will not hinder their prayers.
- Husbands should also play their roles and live the wives also do their part hence flow of work in the marriage.

Ways of promoting stability in marriage

- Stability of marriage is the will of God

(Activity 2;18 fountain, 2;15 baroque)

Qn. Read the bible verses below, and summarize ways of promoting stability in a marriage.

<i>Bible text</i>	<i>Ways of promoting stability in marriage.</i>
John 2;1-12	Having a holy matrimony- Jesus attended a church wedding in Cana.
1 Peter 4;8	“Above all, love each other deeply, because love covers over a multitude of sin.”
Ecclesiastes 4;12	“though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.” ✓ The three cords represent God, the husband, and the wife. These form a relationship that cannot be easily broken.
Ephesians 4;2-3	“Be completely humble and gentle; Be patient, bearing with one another in love. Make every effort to keep the unity of the spirit through the bond of peace.” ✓ If a husband and wife are humble, patient, gentle and selfless in a relationship, it will cause less confrontation and arguments.
Jeremiah 29;11b	“For I know the plans I have for you,” declares the lord,” plans to prosper you and not to harm you, plans to give you hope and a future.” ✓ These words fill our hearts with hope and faithfulness. These verses show us the heart of God towards humanity. We do not know all the plans God has for our future, but we must trust that He only has good plans for us.
Mark 10;9	“Therefore, what God has put together, let no one separate.” ➤ When you first enter into marriage, the last thing you are thinking about is divorce. But, through the years of being together, you may enter times of hardship and trials that threaten your relationship. However, married couples should never let this happen because they were joined together before God, and what God has put together, no one and nothing should separate.

Qn. Apart from wedding, what other ways can make a marriage stable.

- Performing all the marital duties satisfactorily.
- Having constant and proper communication among the couples.

- Working together in all the small duties to be performed in the family.
- Praying together.
- Respecting each other.
- Being honest to each other.
- Having faith in one another.
- Avoiding romours and false accusations that can make a marriage reigned.
- Some marriages are not stable because of poverty, so working hard and planning well stabilizes a marriage.
- Forgiving and reconciling with one another whenever in conflicts.

Expected Christian behavior in marriage

(Activity 2;19 fountain, 2;16 baroque)

Reading the Bible and compiling the expected Christian bahaviour in marriage.

<i>Bible texts</i>	<i>Expected Christian behavior</i>
1 Corinthians 7;2	✓ Let each husband love his own wife to fight sexual immorality.
1 Corinthians 7; 14	✓ Let the believing partners stay with the unbelieving partners who knows, the behavior of the believer can change the unbeliever.
1 Corinthians 7;39	✓ A wife is bond to her husband as long as the husband lives. If he dies. She can marry again.
Ephesians 5;33	✓ Every wife needs love and every husband needs respect.
Malachi 2;16	✓ God hates divorce. God is full of love, and the bible doesn't give examples of things God "hates" but divorce is on the list. ✓ So, Christians are to avoid divorce and have love for one another.
Genesis 2;24	✓ Marriage means keeping no secrets from each other. ✓ Means sharing everything amongst each other. ✓ Also means that one shouldn't let a spouse walk alone because couples are unified in everything.
Deuteronomy 31;8	✓ Talks about the Lord being with us and will never forsake us. ✓ Calls upon couples to not be afraid and discouraged in marriage.
1 Corinthians 7;11	✓ A husband should not divorce his wife. If the wife divorces, should not remarry or let her reconcile with her husband.

Sub Topic 2:4

COURTSHIP AND MARRIAGE IN AFRICAN TRADITIONAL SOCIETY

Courtship in African Traditional Society

(Activity 2;20 fountain, 2;17 baroque)

On. Research on the ways of courtship and marriage in Traditional Africa

Ways of courtship and marriage in Traditional Africa.

- It was a customary type of marriage conducted in accordance to the customs of a given society. The parents of the boy and the girl could come to a common understanding or agreement followed by the giving bride wealth.
- Marriage was a communal affair. The parents and the relatives were actively involved in the marriage affairs of the children through offering sex education, making choice of a partner and contributing towards the bride wealth. Marriage was heterosexual. It had to be between people of opposite sexes. They only accepted and recognized the marriage of a woman and a man.
- Marriage was sealed by the payment of bride wealth. This meant that before its payment, the partners could stay from each other.
- Marriage was exogamous. It had to be between people of different clans. Marrying from the same clan was sinful because the two were brothers and sisters.
- Polygamy was highly practiced. This had a number of benefits like providing wealth, Labour and it ensured sexual satisfaction on the side of the man.
- Marriage was a process. It involved a number of continuous activities before, during and after the marriage ceremony. Such activities included exchange of services and visit among.
- Marriage was compulsory for every adult. Without getting married a person remained a child and therefore excluded from adult work.
- Marriage was a social affair built on a permanent basis. The couples were expected to keep their agreement forever until death.
- Marriage was taken to be a religious duty for every normal person. It involved blessings from the ancestors. This was done through offering sacrifices.
- Marriage was a starting point for a personal immortality (living forever) through Producing children.
- It was only in marriage that sex was allowed. Virginity was therefore respected as one was getting married. This ruled out fornication.
- Upon getting married, the woman had to leave her parents' home and stay with the family of the husband.
- Marriage was protected by many customs, taboos and superstitions. This was at encouraging faithfulness among the couples.
- Marriage was only allowed within the same tribe. Intermarriage was forbidden.

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On. Research on the qualities of a good marriage partner in Traditional Africa.

The following aspects were considered when choosing marriage partners in African tradition.

- They considered the family background of either the boy or girl. They put their interest on morality of a family.
- The health status of a partner was a great concern. Attention was directed towards tracing whether some kind of disease like leprosy and sickle cells existed in the family lineage.
- Virginity was important aspect in choosing marriage partners. The girl was expected to be virgin. Virginity commanded respect and sometimes rewards to the family as it proved the proper upbringing of the girl.
- The African considered the character of the boy or girl. An ideal choice considered one with qualities like respect, honest and kindness among others.
- The clan was also considered. The partners were expected to be of different clans as those in the same clan were brothers and sisters.
- The hospitality of the partner was one of the qualities taken into consideration. An ideal choice was person who was welcoming, generous and could get a long easily and freely with everyone.
- The beauty of the girl was a quality the Africans looked for. Those with waistlines and beads around their necks, arms and the waist were admired.
- The economic status particularly that of the boy was important when choosing a marriage partner. Wealth such as cattle and goats proved that the family was capable of taking care of the incoming wife.
- The cultural background of each partner was considered. There had to be some harmony and understanding in the two cultures.
- The ability of each partner to work was considered. Each partner had to be active when doing domestic duties like cultivation and cooking among others.

(Activity 2;21 fountain)

On. Identify various ways how courtship was carried out in Traditional African Societies

The following was the ways through which marriage partners were chosen in African Traditional Society.

- The children had freedom to choose their own partners. In such a case, it was a boy to show interest in a girl and make an approach.
- The parents could also make choices on behalf of their children. This was by identifying a potential marriage partner for their children. Some could approach the family of the girl and declare their intentions.
- However, the parents could not approve the choice made by their children. The children had to respect the views of their parents about their choices.
- Some choices made include capturing the girl. This was arranged and organized by the boys after carefully identifying the girl. The bride wealth was taken later after the parents' acceptance.
- There was also the use of a go-between or mediator. The boy intending to marry used someone or a messenger to declare the intention.
- In some societies, choices were made by making the girl and the boy to have a fight (wrestling). The choice could only be approved upon the boy wrestling the girl down.

- In some cultures, choices were made through elopement. The boy and girl could secretly begin living together.
- Some people made choices out of excitement especially during beer party. In such a case, the parents of either the girl or boy could give away their daughter or son as a result of happiness.
- In some cultures, there was a practice of booking pregnancy. The parents could agree to exchange their children for marriage in case fortune could allow them to be of the opposite sex.

Marriage in African Traditional Societies (ATS understanding of marriage)

- In African traditional societies, marriage was considered a rite of passage which every one was to undergo through. It transformed one from childhood to adulthood.
- Marriage also joined two communities. That is to say, it's a meeting point in which relationships was created between families and clans.
- It was a social obligation in that it was compulsory and a duty of all the able-bodied persons to get married in African traditional societies.
- Marriage was mainly polygamous.
- In African traditional societies, choice of marriage partners was done by the parents and other relatives, some times with out even consulting the partners.
- Inheritance of widows was a common practice in African traditional society.
- In African traditional societies, barrenness was then blamed on a woman not the men.
- Preservation of virginity till marriage was highly valued in the African traditional societies.
- Payment of bride wealth before marriage was another impact aspect in African traditional society.
- Traditional Africa discouraged divorce.
- Marriage was also a source of respect among the Baganda, however old people were denied respect as long as one is not married.
- Traditional marriage was regarded as an alliance between conflicting communities, that is to say the two communities would interchange their daughters in marriage so as to ease the conflicts.

Bride wealth

(Activity 2;22 fountain)

Qn. Define the term bride wealth.

Bride wealth is the form of payments given to the family of the bride by the family of the bridegroom before she is taken to her new home.

It differs from community to community and paid in different forms, that is to say, animals, birds, local brew, crops, clothing etc.

Merits/ advantages of bride wealth

- Sign of love and intimate feelings for the woman by the man.
- Aids as a sign of compassion to the girl's family for losing service She has been holding at her home place.
- It's also a sign of appreciation to the family of the girl for helping to groom and nature their daughter with good morals.
- Acts as a certificate of marriage declaring husband as boy and girl as wife.
- Acts as a shield against divorce, that is to say a man wasn't at liberty to send off his wife because he risked losing all his bride wealth.
- Payment and acceptance of the bride wealth by the girl's parents was a symbol of peace and unity.
- Brings a lot of prestige to both the bride and the bridegroom, that is to say the two would be given a lot of respect in society.
- Helps to uplift the economic status of the girl's family, that is to say, the girl's family becomes a little bit richer.
- Helps in the continuity of the marriage process.
- Gives women special status in society because she's now regarded as some body's wife in the clan.

Demerits of bride price payment

- Payment of bride wealth is used as a mechanism exploiting and cheating to the boy's family. This is by the demand for too much price by the girl's family.
- Frustrates the boy's efforts to marry the girl of his choice because of the parents demands of too much beyond his capacity.
- May result into forced marriages. For example, the girl is forced to marry a man not of her choice but because of his wealth.
- May also result into early marriages because parents are greedy and want to eat bride wealth from their daughters.
- Results into mistreatment of the women by the men.
- Can lead to sex abuse, that is to say women being treated as sex objects because of the much price paid.
- Incase of a divorce, recovery of the bride wealth may result into conflicts.
- Encourages sexual immoralities, that is to say if a girl fails to get married can result into prostitution.
- The payments also lower the status of women in the society since they are taken as purchased products.
- Results into single parenthood especially when one fails to get married because of lack of bride wealth.

A comparison between traditional and Christian marriage

(Activity 2;23 fountain, 2;19 baroque)

Differences

<i>Christian marriage</i>	<i>Traditional marriage</i>
Church marriage are monogamous.	Traditional marriages are polygamous.
Divorce is not allowed.	Divorce allowed for same cases like barrenness.
Entertains production of few children.	Encourages production of as many children as possible.
Married in church by religious leaders.	Married in community by cultural leaders.
Fair treatment of each other is encouraged.	There are no fair treatments for the husband has full rights over the marriage.
Married couples are equal	The wife is supposed to be inferior to the husband.
Remarriage after divorce is a sin for there is no trial marriage.	Remarrying was accepted and also trial marriage was accepted too.
Decision making in the family is mutual.	Man has unquestionable decisions.
The sole purpose for the marriage is for companionship.	The sole purpose is for procreation. That is to say child production.
Wife beating is disrespect for human dignity.	Wife beating was a sign of love.
God initiated the marriage.	Man initiated the marriage.

Similarities

- Both are for children production.
- Both pay bride wealth.
- Both give parent's blessings.
- Both condemn adultery.
- In both, the father is the head of marriage.
- Both have marriage rites.
- Both have premarital instructions (counselling)
- In both, marriage promotes the social status of those who are joined together.
- In both, marriage is a permanent union. Divorce is only allowed under very special or un avoidable circumstances.
- In both, the husband is the head of the family.
- In both, sex outside marriage is forbidden.
- In both, re-marriage is encouraged after the death of a spouse.

Chapter summary activities;

1. *Give reasons why people marry.*
2. *Give examples of how love, patience and forgiveness can sustain marriage.*
3. *Explain why courtship is important before one gets married.*
4. *How best should married Christians behave in marriage.*
5. *Identify good practices in traditional marriage.*
6. *What is the right time for one to become pregnant and raise children?*
7. *What undesirable behavior can bring misunderstandings in marriage?*

SAMPLE ACTIVITIES OF INTEGRATION

Sample 1

You have a friend called Nakate. She has just completed her senior four. She is in a relationship with an old man who has bought her a posh car, given her a lot of money and gifts.

Nakate is planning to escapes from home and start staying with the old man immediately.

Task

As a Christian, write an essay advising Nakate about the right time for her to get married. Give her reasons for your advice.

Sample 2

Societies today are changing. Many people have become career-oriented and careless about marriage. People are comfortably choosing to live as single parents. As long as one has a good job, marriage is no longer considered a necessity. In addition, societies are being attacked by the vice of sexual deviations. Homosexuality is on the rise.

The elders, politicians, local community leaders and religious leaders are all concerned because marriage is God's original plan. You have been invited by a Reverend of the church of Uganda in your community for sensitization on marriage.

Task

Prepare a sensitization message of 200 words on the importance of marriage in fostering values of love, honesty, respect, harmony and generosity in the community.

End of chapter 2

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Themes: MAN'S SOCIAL RELATIONS

CHAPTER 3

Topic: FAMILY

Sub Topic 3:1

THE IMPORTANCE OF FAMILY TO SOCIETY

Meaning and importance of family

(Activity 3;1 fountain, 3;1 baroque)

Qn. Explain the meaning of family.

A family is a basic human community or unit of a society where members are born, loved and brought up.

It can also mean a social group of people consisting of parent(s) and their child or children together with some relatives.

It refers to the smallest human community or group where members live together as one.

Members that make up a family include;

- ✓ Father
- ✓ Mother
- ✓ Children
- ✓ Relatives

Qn. Explain the importance of family as a basic unit of a community.

- The family transmits life through producing children. This ensures that there is continuity in life.
- The family helps to preserve wealth such as land, houses and money for its members who may acquire them through inheritance.
- The family provides basic needs like food, shelter and education. This helps to improve the standard of living of the members.
- It is in the family where the members are provided with love and the affection they need.
- The family helps in transmitting values such as respect, discipline and humility which are important while relating with others in the community. This helps to create harmony in the community.
- The family introduces its members of firm religious beliefs and practices. This is important in the spiritual growth of the members.

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- The family provides guidance and counselling to the members. This helps to direct the members towards living a better life.
- The family helps in creating unity in the social especially as different families are related to one another. This helps to bring about peace and stability in a community.
- The family helps to cater for the sexual needs of the members especially that of the parents.
- The family is a source of revenue to the government through paying taxes. This helps the government to provide social services like education and health.
- The family helps in protection of its own name and keeping secrets of the members. This helps to make the members fit among others without fear.
- The family works for the best of its members. This may contribute to the well-being of the members in terms of finance and other basic needs.

(Activity 3;2 fountain)

Qn. How is a family a first school, church and giver.

- Family teaches language to people at most the infants.
- Teaches the values of faith.
- Teaches morals before any leader.
- Family is where one first knows God.
- Teaches respect for one another.
- Teaches the values of sharing amongst the family members.
- Teaches the spirit of endurance for no matter the situations or conditions in life.
- Teaches good behaviors to the younger generation.
- Families give life, names, parents and relatives.
- Families also tend to reinforce cultural norms and also making culture to expand.

Qn. How does a family benefit society.

- Families are responsible for raising the next generation of citizens.
- Families provide emotional support to their members, which can help to reduce stress and improve mental health.
- Provide economic benefit to society by working and paying taxes.
- They also provide a market for goods and services, which helps to drive economic growth.
- Families can help to promote social cohesion by providing a sense of belonging and community.
- Provide security and protection.
- Families are responsible for passing down cultural traditions, values and beliefs from one generation to the next.
- Always provide support and care to the elderly persons.
- Involve in community services like volunteering services, charity services which strengthen social bonds and fostering a sense of belonging.
- Also produce future leaders who later lead the society.

Types of families

(Activity 3;4 fountain, 3;4, 3;5, 3;6 baroque)

Qn. Identify the main types of families we know.

A family can be divided into various types using two major criteria. It can be based on the size or the number of people making up the family and on the headship.

Families can be categorized according to size:

- ✓ Nuclear family.
- ✓ Extended family.

Nuclear family

Qn. Define the term nuclear family.

This is a family of the parents and their biological children.

In other words, a nuclear family is where there is a married couple and their children only.

Qn. Write the advantages and disadvantages of nuclear families

Advantages

- The family members are well catered for in terms of basic needs like food and shelter.
- It is possible for the family head to save income since the few members may not require a lot of expenditure.
- It is easier to discipline the children in the family since they are all coming from the same parents.
- There are better standards of living in a nuclear family. The few members can have access to quality facilities like accommodation and medical care.
- Tension and pressure on the head of the family is reduced since he or she is dealing with a few members.
- The family secrets are easily kept within the circle. This is important in protecting the image of the family.
- The family is more stable. It is possible that the members can easily understand one another since they are basically the same.
- It is easier to make decisions within the family i.e. the parents can easily agree on a common stand.

Disadvantages

- There is inadequate labour force in the family especially where parents are always in their places of work. This means that the domestic duties may be done with difficulties.
- It is highly possible that the children may become selfish in future. This is because they are not used to sharing.
- The family members may live in isolation from the rest of their relatives. This brings about loneliness.
- The children are left on their own especially in the case of working parents. This exposes the young ones to a lot of risks like watching pornographic materials.
- It may be difficult for the members to defend themselves in case of outside conflict or attack.
- The cultures of the society may be difficult to be imparted onto the children especially if the parents are always busy.

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- In case of serious disagreement, it may be difficult for the family members to solve their conflicts without external assistance.
- The children are easily cut off from the reality outside the family. This may make the children to be social misfits in the society.
- It is possible that the problem of incest may occur if the children are not known by their relatives.
- In the event of death, the family can easily be wiped out since all the members stay in the same house.
- The parents are most likely to live a lonely life in the future especially as the children begin to live independent lives.

Extended family

Qn. What is an extended family?

This is a family consisting of parents, their biological children and other relatives.

An extended family consists of a large number of dependents in one homestead.

Qn. Share and write the advantages and disadvantages of extended families

Advantages

- There is enough labour force in the family. This is because of a large number of dependents staying under the same roof.
- It is easier to transmit the cultures of the society to the young ones. This can be done by grandparents who are always present at home.
- It gives time for the parents to do their outside duties with ease and without any worry about how the children are at home.
- It creates a sense of identity, solidarity and co-operation among the members of the community.
- It allows interaction with other parents. This is important in promoting unity and love in the community.
- The family can easily defend the members in case of any threat from outside. This is because of the many members living in the same house.
- It helps in promoting strict discipline. This is because of the upbringing of the children in a collective responsibility.
- It is easier to console and give comfort to the family members in case of the problems like death.
- There is enough company given to each other with the family since they are many in number.
- It tests the administrative ability of the head of the family. If the members can stay in harmony, then it means that the family head is a good administrator.

Disadvantages

- It is expensive to maintain the family members in terms of food. This discourages savings on the side of the head of the family.
- It is difficult to make fast decisions in the family. The husband and the wife may have to consult the dependents before coming out with a decision.
- Accommodation may be inadequate especially when there are too many relatives around. This means that privacy is lacking in such a family.

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- There is a lot of pressure on the head of the family in trying to cater for the needs of the different relatives.
- The family secrets are easily exposed to other people outside the family. This may lead to loss of respect of the family.
- Conflict or disagreement is common in an extended family. This is because the many people may fail to reach an agreement easily over a small issue.
- There can be cases of indiscipline within the family. This is because it may be difficult for the head of the family to control the big population effectively.
- The standards of living are generally poor in an extended family. This is because there may be too much pressure on the family facilities.
- There is a problem of incest likely to occur in an extended family. This may be by allowing the distant relatives to share the same rooms.

Qn. What are the reasons to explain the continued existence of extended family

- The influence of a strong cultural belief especially by the old people. The grandparents are interested in preserving the African cultures of all the relatives living together as a family.
- Extended family is made to exist by the poverty level in another family. The relatives come in to assist because of the poor conditions in such a family.
- Death has death it possible for extended families to continue existing. Another family is forced to give a hand to the relatives especially after losing the one responsible for providing the needs of the family members.
- Extended family has continued to exist due to old age. The grand parents are always taken care of by their own children.
- Some people take extended family as a source of prestige especially showing off that they can cater for all their relatives.
- The working pattern today has supported extended families. The parents are always away from home thereby forcing them to bring their relatives to help them look after their children.
- It is being supported by religious influence. This is especially the need to promote love and one family as emphasized by some Christian teachings.
- In some cases, poor health has helped to ensure that extended families exist. The sick is always taken care of by their own relatives.
- Extended family has continued to exist because of unemployment. Those without jobs are sometimes forced to stay with their relatives as they look for something to do.

Other types of families

(Activity 3;4 fountain)

Qn. Use the internet, library, web sources to identify the other types of families.

Families can be categorized in other ways basing on the headship;

- ✓ Foster families
- ✓ Matrilineal families
- ✓ Patrilineal families

Foster families

Qn. What are foster families?

These are families that take a child into their home for a while to take care of him or her. Foster means to take care of and to help to grow and develop.

Matrilineal family

Qn. Define matrilineal families and state their characteristics

Matrilineal families

These are family types headed by a wife or woman.

In other words, it is a family where a woman takes care of the family affairs.

Characteristics or features

- All the family property belongs to the woman or the wife and therefore she is the one to decide on how they should be used.
- Authority in the family is shared between the wife and the husband before making decisions.
- The woman or the wife is given more respect than the man or husband. This is because of the woman's role of providing for the family members.
- Both the boys and the girls have the same rights when it comes to inheriting the family property like land and houses.
- The family is always monogamous. The man can only stick to the wife and he has no right of bringing in another wife.
- It is possible that the wife can discipline the husband. This can be through denying him food or denying him a bed.
- It is the wife responsible for the provision of the family needs including food and accommodation among others.
- There can be only a wife and a husband in the family as the woman cannot accept a co-wife.
- The woman tends to marry a young man in order for her to have full control of him.
- A woman tends to stay with a number of relatives from her side. This is always intended to give her protection.

Patrilineal family

Qn. What are patrilineal families?

These are families where a man or husband is the one heading the household.

Characteristics or features

- All the family property belongs to the man or husband and therefore he is the one to decide on how they should be used.
- The husband is the final authority in the family. His decisions and the words are final and never questionable.
- It is mostly the sons who have the right to inherit the family property especially land and houses.
- It is possible for man to marry more than one wife as the woman has no say over the number of wives he should marry.

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- The man or husband is more respected than the woman or wife. The family members tend to listen to the man more than the woman.
- The husband is the one officially responsible for providing the family needs like food and accommodation.
- The husband has the right to discipline the wife in a way he feels like. This can be by rebuking her.
- The relatives of both the husband and the wife can live together in the family.

Values promoted by the various types of families

(Activity 3;5 fountain)

Qn. Define;

1. Values.

Values are moral beliefs or standards.

2. Family values.

Family values are beliefs and ideas that express what is meaningful in a family

Qn. Brainstorm examples of family values.

- Not hurting others and also standing up for those who cannot stand up for themselves.
- Being respectful and courteous.
- Volunteering skills in the community.
- Being generous.
- Being honest with others.
- Participating in team work.
- Being honest and trust worthy.
- Being courageous.
- Never giving up on things that have failed us.
- Being patient.
- Taking personal responsibilities of the whole home.
- Following the law and respecting those who enforce it.
- Working hard for success.
- Continuously learning and growing both spiritually and intellectually.

Qn. How are family values important to a society.

- Socialization and education. Families are primarily socializing agents, teaching children essential values, norms and behavior.
- Families provide emotional support and a sense of belonging. Family bonds create a safe and nurturing environment where individuals can seek comfort, share their joys and sorrows.
- Provide stabilities and security to their members. This stability also contributes to a stable society.
- Families influence decision making which also help benefit the society.
- Families also contribute to the development of responsible and morally upright citizens. These values guide individual's decision-making processes and influence interactions with others.
- They are instrumental in passing down cultural traditions, customs and heritage from one generation to another. This helps to preserve a society's identity and fosters continuity.

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- Provides a foundation for positive role modeling. i.e. demonstrating desirable behaviors and attitudes.
- Strong family values promote social cohesion and unity within a society. When families share common values, it strengthens the social fabric, fostering cooperation, trust etc.
- Also provide protection from outside influence.
- Families also at times help in guiding people in relationship through promoting unity, care and among others.

Qn. What values are promoted in extended, nuclear, foster, matrilineal and patrilineal families.

All this families;

- Promote the values of culture.
- Also help to promote the values of modesty.
- Promote the values of caring for one another.
- Promote the values of love.
- Promote the values of spiritual uprightness. This is moving the right direction with faith.
- Also promote the values of unity.
- Promote the values of peace and unity.

Value of courtesy in family and community

(Activity 3:6 fountain, 3:8 baroque)

Qn. Define the term courtesy.

Courtesy is showing politeness in one's attitude and behavior towards others.

Qn. What are some of the indicators of courtesy in life or community.

This include the following;

- Welcoming visitors at home.
- Helping the sick.
- Helping the children.
- Doing community work like cleaning the wells.
- Treating the old people in a caring and proper manner.
- Greeting the elderly in a humble manner i.e. kneeling while greeting for the girl child.
- Being polite which involves using respectful languages and showing consideration for other's feelings and needs.
- Respecting personal boundaries and giving others enough space as a sign of courtesy.
- Being understanding, compassionate and offering help when needed creates a positive and supportive community.
- Communicating clearly, using appropriate language and avoiding offensive remarks are also essential for maintaining a courteous environment.
- Appreciating and expressing gratitude when someone does something kind or helpful is a simple powerful way to acknowledge and reciprocate courtesy

Qn. Identify the indicators of lack of courtesy in life or community.

- Not expressing gratitude or appreciation when someone does something kind or helpful indicates a lack of courtesy.
- Engaging in aggressive or confrontational communication. i.e. using offensive language also tends to indicate lack of courtesy.
- Showing lack of respect for public areas like having open romances, sex, improper dumping of wastes also indicates lack of courtesy.
- Discriminations to others based on tribe, sex, age, religion also indicates lack of courtesy.
- Failing to show empathy towards other's emotions, struggles or challenges indicate lack of courtesy.
- Engaging in rude behavior such as speaking disrespectfully, using offensive languages indicate lack of courtesy.
- Invading people's privacy or lack of respect for people's boundaries.
- Being self-centered and not focusing on others needs and desires with out considering other's feelings is a sign of lack of courtesy.

Sub Topic 3:2

ROLES AND RESPONSIBILITIES OF FAMILY MEMBERS

The roles of family members

(Activity 3;8, 3;9 fountain, 3;10 baroque)

Qn. Identify the roles of the family members.

1. Fathers.

- Act as role models in families.
- Contribute to the various aspects of their children's lives.
- Provide emotional support and guidance to family members.
- They also provide security to the family.
- Help in impacting values and ethics to family members.
- Take part in active participation in household responsibilities which promote a balanced family dynamic.
- Control the family incomes and in charge of family welfare.
- Also carry out the disciplinary roles in the family

2. Mothers.

- Contribute to various aspects to their children's lives.
- They are always primary caregivers in a family by providing emotional support, nurturing and guidance.
- Responsible for managing the household like meal preparations, cleaning and organizing.
- Serve as role models by imparting values and ethics to their children.
- Also involved in children's education, helping with home work and encouraging them in academic success.
- Play a critical role in creating a loving and supportive family environment.
- Prepare and groom children to become responsible citizens.
- Promote culture and religion to the children and also family involvements.

3. Children.

- Contribute to the growth of the family by sharing their unique perspectives and experiences.
- Provide emotional support to their parents and siblings, creating a nurturing and caring environment.
- As children grow old, they take on age-appropriate responsibilities within the family. i.e. taking care of the young siblings etc.
- Children also help in taking part in household tasks like kitchen work of washing utensils, cooking, also cleaning the house etc.
- Have responsibility to pursue their education and personal developments. By doing this, they contribute to their own growth and future success.

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- Children also take part in gigging and grazing hence heling their parents in domestic work.
- Also contribute to the family fame and prosperity through talents got in children that make them famous and earn a living.
- Children represent the future generation of the family. i.e. they carry forward the family name, values and legacy.
- Preserve and pass on their cultures by participating in cultural and traditional practices with in their families.
- Provide support and care to their family members this is through providing comfort and helping out when someone is in need.

4. Aunts and Uncles,

- Provide additional sources of emotional support in families, i.e. listening ears, provide advice etc.
- Provide mentorship and guidance to their nieces and nephews. This makes them to be seen as role models to.
- Always bring elements of fun and excitement to the family dynamics. This include play games, storytelling etc.
- Participate in choosing marriage partners for those intending to marry.
- Take part in passing sex education to the young ones.
- Provide support to a family where necessary like in finances, physical and emotional support.
- Take a role in passing down cultural and family traditions to the younger generation.
- Also discipline the young ones whenever they miss behave.

5. Grandparents,

- Take part in family decision making and settling disputes in families.
- Create a nurturing and caring environment, offering emotional support and a sense of security.
- Share stories, traditions and cultural knowledge to others.
- They provide mentorship and guidance in families. That is to say offer wisdom, life experience and valuable advice.
- Act as role models by embodying values of respect, resilience and perseverance, inspiring the young and many more.
- Provide support to their own children by offering assistance with childcare, provide helping hands in managing household responsibilities.
- Bring fun and leisure to family members by engaging in playful activities, sharing hobbies and creating special memories together.
- Perform other rituals like child naming and also giving blessing to family members.

Roles of different members in a family according to the Bible

(Activity 3;10 fountain, 3;11 baroque)

Qn. Identify the roles of different family members according to the bible.

<i>Bible text.</i>	<i>Roles of family members indicated</i>
Ephesians 6;1-4	✓ Children have a duty to obey their parents. ✓ Parents have a duty to treating children well. ✓ Husbands have a duty to love their wives and treat them with care.
1 Peter 3;1-7	✓ Wives have a duty to humbly respect their husbands, obey them and behave well in gentleness and quietness. ✓ They have a duty of instructing them in discipline.
Exodus 20;12	✓ Children have a duty to respect their fathers and mothers.
Genesis 24	✓ Parents have a duty of making sure that their children get spouses. ✓ parents should support their children to have responsible marriages and families.
Exodus 2;1-3	✓ Mothers have the duty to protect their children. ✓ Also have a duty to care for their children.

Sub Topic 3:3

THE VALUE OF HARMONY WITH IN FAMILY RELATIONSHIPS

Misunderstandings between children and their parents.

(Activity 3;11 fountain, 3;13 baroque)

Qn. What could be the possible causes of misunderstandings between parents and their children today.

This include the following;

- Influence of external factors like peer group influence, media etc.
- Differences in communication styles between parents and their children.
- Influence of a generation gap like in distances and having time for each other.
- Influence of varying expectations between the children and their parents also cause misunderstandings.
- Societal changes. Like changes in societal evolving norms with different perspectives and character or life styles.
- Divergent perspectives on values and cultural differences.
- Influence of drugs that children are always involved in taking with their associate effects causing misunderstandings with parents.
- Parents being harsh to their children.
- Irritating behaviors between both the parents and the children.
- Failure to provide by the parents also at times bring disrespect leading to misunderstandings.

Qn. How can we control the misunderstandings between parents and the children.

- Through counselling basing on biblical teaching of love and respect for one another.
- Having self-respect and also respect for others so as to have a mutual understanding.
- Parents have to forgive their children and also reconcile with them whenever on wrong.
- Children also need to ask for forgiveness always from their parents whenever on wrong.
- Having proper and direct communication to each other.
- Parents have to stop irritating children so as to keep them at home other than children fleeing a way to becoming street children.
- Avoiding abusive and provocative speeches while at home by both the parents and the children.
- Sharing of prayers in the family to promote peace and unity since prayer invites God's presence.

- Avoiding peers and rumors among family members which also bring up misunderstandings.
- Taking part in active listening. Parents and children are to listen to each other without interrupting or jumping to conclusions or wrong judgement of one another.
- Parents also should have empathy and take time to understand their children's point of view and acknowledge their emotions, similarly to the children.
- Setting clear boundaries and expectations for behavior and responsibilities in families.
- Scheduling regular family meeting so as to understand family members views and perspectives.

Causes of misunderstandings between husbands and wives in families today

(Activity 3;12 fountain, 3;14 baroque)

Qn. Discuss and write down the causes of misunderstandings between husbands and wives today.

- Failure to fulfill their marital obligations. Like having the marriage complete and many more promises.
- A lot of pride among the couples. For example, if one is working and the other is not most especially the women.
- Poor communication amongst the couples. That is to say when a lot of vulgar language is used or provocative languages.
- Irritating behaviors among the couples like being abusive or bad mannered.
- High poverty level in the family where by demands are not fully satisfied as demanded.
- Lack of faithfulness amongst the couples like when one is involved in cheating on the other by having other relationships besides one relationship.
- Judging and blaming one another for the small mistakes committed.
- Emancipation among the women has given women a lot of freedom over men leading to misunderstandings in most families.
- Influence of alcohol.
- Accepting rumours among the couples also tend to back fire on the family stability.
- Unmet expectations where spouses have different expectation about roles, responsibilities or behaviors within the relationship. This can lead to misunderstandings.
- Differences in values and beliefs. This many include differences in cultures, religious or personal values and beliefs.
- External factors like stress, family responsibilities and societal expectations can also put strains on a marriage.

Qn. As Christians, how can we stop the misunderstandings between husbands and wives.

- Christian couples are called upon to love one another earnestly because love covers all sins. ***(1 Peter 4;8)***
- Christian couples should stop judging one another but to submit to God's teaching

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- The bible teaches that wives should submit to their husbands
- Also teaches that wives should obey and respect their husbands in humility, gentleness and quietness.
- Husbands are also taught to love their wives and treat them with care.
- Both couples should also be faithful in their marital relationship.
- Both should pray together so as to stay in harmony and overcome hardships.
- For the women, they should be helped to understand that emancipation does not mean losing a sense of morals and values in marriage.
- Men also should always work hard and provide for their families so that they earn respect.
- Seeking professional counselors for guidance and counselling if the conflicts persist.
- Having empathy and understanding for one another in any arising problem or mistakes made by a partner.

Dangers of family instabilities on family members and society

(Activity 3;13 fountain, 3;15 baroque)

Qn. What are the consequences of family misunderstandings

- Lead to divorce and separations amongst the couples.
- Leads to family fragmentation. This involve family members distancing themselves, cutting off communications or severing ties with one another.
- Hinders cooperation and collaboration within the family unit. This affects decision making processes, problem solving abilities etc.
- Stem poor communication which lead to misinterpretations, assumptions and further family misunderstandings.
- Children from broken homes parental lack care and guidance.
- Children miss out on good family values when the parents or the whole family is at mess.
- Children get a lot of frustrations which cause them to become criminals, delinquents and social misfits.
- Family misunderstandings also cause a lot of unrest and tremor.
- Family businesses, jobs and projects are disrupted once the members start to conflict.
- Children may run out of their homes to join street life.
- Girl child may end up into early marriages
- Causes general unrest and lack of peace to the rest of the community.

Qn. How possible can we resolve these misunderstandings.

- Seeking guidance and counselling services.
- Reading the word of God and acting how God wants couples to behave.
- Submission and obedience are required among the family members especially children and wives.

- Couples are advised to forgive each other and also reconcile or apologize whenever on wrong.
- Couples or family members are to solve their conflicts amicably and move on without carrying on their past problems or conflicts.
- Family members are advised to communicate amicably and opening up to one another whenever they have conflicts.
- Love in families is also highly recommended.
- Respect and having humility for one another is also recommended
- Practicing patience, persistence and having empathy for one another in a marriage is also help to reduce the levels of misunderstandings in families.
- Establishing clear boundaries and expectations of each other can also help prevent future misunderstandings.

Sub Topic 3:4

CURRENT FAMILY TRENDS

The current family patterns

(Activity 3;14 fountain, 3;18 baroque)

Qn. *What are the causes of family changing patterns or trends.*

- Influence of science and technology industrialization.
- Changes in laws and policies related to marriage, divorce, adoption and child custody can impact family structures.
- Societal norms and values evolving all over also at times influence family structures.
- Expansions of cities and towns (urbanization)
- Economic changes, such as globalization, urbanization and shift in the job market impact family dynamics. For example, they influence mobility and job opportunities.
- Lack of role models.
- Lack of stable financial incomes.
- Increased access to education, particularly women has empowered individuals to make choices about their personal lives including decisions related to marriage.
- Lack of faith in God.
- Family background.
- Negative attitudes towards marriage.
- Individualism and personal fulfilment which lead to delayed marriage, focus on career and personal goals rather than starting families

Challenges facing modern families

(Activity 3;15 fountain, 3;17 baroque)

Qn. *Discuss and note down how the current family patterns have affected society.*

- Contributed to the more diverse and inclusive society that values and respects different family arrangements. Like same sex couples, single parenting and blended families.
- Played a role in promoting gender equality with more women participating in the workforce and sharing household responsibilities, traditional gender roles have been challenged.
- Influence societal attitudes towards the importance of family time and the well-being of individuals within the family unit.
- Delayed marriages and increased female workforce participation have contributed to changes in the labour market and the need for policies that support work-family integration.
- Influenced intergeneration relationships with in smaller families an increased geographic mobility. This impacts the dynamic of caregiving, support for aging parents etc.

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- Promoted discussions on the impact of different parenting styles on child development outcomes.
- Created economic inequalities in families.
- There has been a shift in societal norms and values related to marriage, gender roles and parenting. This has led to more open discussions about diverse family arrangements and reevaluation of traditional norms and expectations.

Qn. Share and write the challenges facing modern family settings.

- Financial problems especially for the female and children headed families.
- Family structures are destroyed.
- Financial problems have also caused a lot of individualism, adultery, prostitution, slum developments etc.
- People just want to be alone and selfish.
- There is loss of family values and therefore loss of respect in families.
- Family education and disciplinary sessions are no longer existing.
- Rich families are becoming better as poor families are becoming poorer.
- Family gatherings and meetings are no longer important.
- Other family members do not bury their relatives.
- Some families no longer care for their old parents and grandparents.
- Children grow without knowing their cultures, not even their relatives.

Ways of promoting the right attitudes towards families

(Activity 3;16 fountain)

Qn. List the examples of individualism in today's family life.

- Having separate bank accounts as couples.
- Maintaining separate social networks.
- Not to have children with each other.
- Having separate family names.
- Not considering marriage as a permanent relationship.
- Voluntarily childlessness.
- Each family member has a right to establish and maintain personal boundaries, ensuring their emotional and physical well-being.
- Individual decision making which include religion, lifestyle and relationship.

Qn. What are the possible ways of promoting the right attitude to families.

- There is need for family education based on Christian principles.
- Family days should be created so that people gather and be taught about the importance of family.
- People should be encouraged to marry and raise families.

- Christians should come out and preach the message of love and care among families and that we are brothers and sisters, children of one creator.
- Initiate family meeting and teach family morals and basics.
- Seeking professional help like in guidance and counselling if there are persistent challenges or conflicts within the family.
- Encouraging a culture of continuous learning and personal growth within the family. This is by supporting each other's educational pursuit, hobbies and interests.
- Encouraging effective open and honest communication within the family. This creates a safe and non-judgmental environment where family members can express their thoughts, feelings and concerns.
- Encouraging collaboration and teamwork within the family. This is by assigning age-appropriate responsibilities and involving everyone in decision making process.
- Creating an environment where family members feel safe to express their emotions and seek support when needed.
- Recognizing and acknowledging positive behaviors and achievements within the family. This includes celebrating individual and collective success no matter how small.

Sub Topic 3:5

CHRISTIAN TEACHINGS ABOUT FAMILY

Bible teachings about family

(Activity 3:17 fountain, 3:20 baroque)

Old Testament teachings

On. *What is the old testament teaching about family life.*

- By creating human beings both male and female, God instituted family life relationship. Equality in the family is emphasized. God created both the human beings as male in his likeness.
- Sex is a divine gift between a man and a woman in the family for God created human being with unique sexual features.
- By commanding the man and the woman to multiply and fill the world, God intended that children had to be produced in the family.
- Monogamy is the ideal type of marriage in the family. God created the human beings as a male and a female.
- In the family, the man and a woman are dependent on God. He provided some grains for Adam and Eve to eat for their survival.
- The man and the woman were companion in the family. This was shown by the loneliness that Adam suffered before the creation of Eve.
- The man and woman were complete in the presence of each other. Adam felt that he could not do much without Eve.
- In the family, the man and the woman were expected to live in joy and harmony. This was proved by the happiness that Adam felt when God created a woman out of his rib and brought her to him.
- Children were a sign of blessings in a family for God blessed Abraham and Sarah with their first borne.
- Jealousy in the family caused instability. In the family experience of Elkanah, his wife Peninnah became jealous of her co – wife Hannah who was loved despite her barrenness *(1 Samuel 1:1ff)*.
- Among the Israelites, the children were expected to respect their parents so that they would live together *(Exodus 20:11)*. God later rejected the two sons of priest Eli because they had disrespected their father *(1 Samuel 2:35-36)*.
- God echoed the role of parents in the upbringing of their children. He urged the Israelites were to teach their children the Ten commandments and about their history *(Deuteronomy 6:6-7)*.
- The family was expected to be a Centre for the children's education. The parents had to teach their children social and moral values *(proverbs 22:15)*.
- The basis of family relationship was both extended and nuclear. Abraham stayed together with his family and his nephew Lot.
- Marriage within a family was expected to be permanent *(Malachi 3:13-26)*.

New testament teachings

Qn.2. Wat is the New Testament teaching about family life?

- Jesus Christ encouraged the family members to stay permanently in their relationship. He said “what God has put together no man has the right to separate”. (**Mark 10:9**).
- Jesus encouraged the parents to respect the unique personality of their children. At the age, twelve he challenged his parents as to why they had to look for him yet he was doing his father’s work (**Luke 2:49ff**).
- Jesus said that all the righteous belonged to the family of God. He said that such people would live with God in his Kingdom (**Mark 3:31-36**).
- Jesus encouraged reconciliation and forgiveness among the family members. He gave the example of the prodigal son whose father gave him a warm welcome after he had spent all the shares of his riches but which made his brother *unhappy* (**Luke 15:11-32**).
- Jesus advised the family members to live in joy and be happy like a joyful mother who has given birth (**John 16:21**).
- Jesus said that it is right for a man to leave his father and mother and get united to his wife (**Mark 10:5-6**).
- Each family member was encouraged to fulfill his or her duties in order to satisfy the needs of others (**I Corinthians 7:2-5**).
- Husbands and wives were advised to love each other creatively and unselfishly. St. Paul emphasized that the body of woman belongs to a man and that of a man belongs to a woman.
- Saint Paul advised the parents to make their children happy all the time. They should not be annoyed with them (**I Corinthians 3:12**).
- On the other hand, Saint Paul advised the children to obey their parents. He said that obeying the parents pleases God (**I Corinthians 3:20**).
- Saint Paul advised the family member to obey the state. He pointed that God is the giver of authority (**Romans 13:1-7**).

Qn.1. Explain Jesus’ teaching on the ideal family relationship.

- Jesus encouraged the family members to look onto him in times of their troubles or hardship.
- Jesus encouraged the parents to treat their children equally. He emphasized that they are all the same since they belong to the same parents.
- Jesus called upon the parents to tolerate the behavior of their children and guide them accordingly.
- Jesus showed the children of how they have to help their parents with domestic duties. He showed this by helping his father Joseph with carpentry work.
- Jesus advised the parents to discipline their children using their God - given authority.
- Parents were encouraged to teach their children moral values of the society like honesty, love and humility among others.
- Jesus encouraged the parents to be responsible for the welfare of their children. He advised them to fulfill their obligations or responsibilities.

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- Widows in families are to be given respect and comfort they need (*1 Timothy 5:3-16*).
- Saint Paul advised the wives to be submissive to their husbands in order to change their personalities.
- The family members are advised to be united to each other just like Christ is united to the church.

Abraham's family as an example to identify family values

(Activity 3:18 fountain, 3:20 baroque)

Qn. Which values are in Abraham's family that are upheld in your family.

<i>Bible text</i>	<i>Values identified</i>	<i>Lessons from Abraham's family</i>
Genesis 16;15-16	Hagar bore Abram (Abraham) a son whom they named Ishmael. Abraham was 86 years old at the time.	✓ Be productive. ✓ Do not give up. ✓ Trust in God to answer your prayers for children.
Genesis 21;1-3	Sarah gave birth to a son Isaac.	✓ Reproduction. ✓ Marriage. ✓ Patience.
Genesis 25;1-5	Abraham marries Keturah and bears children.	✓ Abraham embraced polygamy.
Genesis 25;5	Abraham gave everything to Isaac.	✓ Inheritance is given to the rightful heir.
Genesis 25;19-34	Isaac married Rebekah, she was barren, but he prayed and God gave him twins.	✓ Barrenness is a real challenge since time immemorial ✓ God answers prayers.
Genesis 25;20-26	The birth of Esau and Jacob.	✓ God is the giver of children.
Genesis 25;28-34	Esau sells his birthright to Jacob.	✓ Control our appetite.

More understanding about family values basing on Abraham and Sarah's character or family values

- Abraham and Sarah bore a child at the age of 100 years while they were still together showing the values of love, faith, patience, stability and commitment in their family.

Lesson;

If it was not of these values, Abraham would have divorced Sarah for failure to give birth.

- Abraham's family had values of unity, hospitality, warmness, unity and service. This was evidenced when they welcomed the three strangers (angels), his wife and him cared for them and served them.

Lesson;

Families should be welcoming.

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- Abraham troubled to pray and also get involved in getting a wife for his son Isaac.

Lesson;

This shows the value of responsibility and care.

- Abraham had a lot of cattle, sheep, slaves and camels.

Lesson;

This shows the values of hard work and discipline of accumulating wealth not spoiling.

- Abraham's family exhibited the values of worship, service, trust and the fear of God when he offered to sacrifice Isaac his own God given son.

Lesson;

Families should serve God.

Note;

Christians should imitate Abraham's family so as to follow a Christian way of life in families.

Relationships within family settings

(Activity 3;9 fountain, 3;21 baroque)

Qn. Reading Ephesians 5;22-33, Ephesians 6;1-4

How should an ideal relationship between family members be like according to the above scriptures.

The term ideal is used to mean perfect or model.

So according to the biblical teachings above, an ideal family is;

- One where children obey and respect their parents.
- It's where parents treat their children fairly in a way that makes them happy.
- It's where children are brought up with Christian discipline and instructions.
- An ideal relationship in a family is where the husband is the head of the family.
- Husband cares for the wife, provides and treats her with love.
- The wife also has to submit, respect and obey her husband with humility.
- Husbands should love their wives and wives also to submit to their husbands to have an ideal relationship based on biblical teachings.
- One where family members should have empathy for one another.

Ideal relationships between children and parents

Qn. Write down what the bible text teaches about the ideal relationships between children and parents

<i>Bible text</i>	<i>Relationship between children and parents.</i>
Ephesians 6;1-4	✓ It's the duty of children to respect their parents that they may live long. ✓ Parents are to treat their children in a way that does not make them angry, but with Christian discipline and instructions.

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Psalms 127;3-5	✓ Children are a gift and blessing from God. ✓ Happy is the man who has sons. He will never be defeated by his enemies.
Exodus 20;12	✓ Respect your mother and father so that you may live longer.
Proverbs 1;8	✓ Children are to pay attention to what their fathers or mothers tell them.
1 Kings 2;1-4	✓ Parents gave their last instructions to children. King David advised his son Solomon to obey all the laws and commands of God.
Genesis 37;3	✓ Parents should love their children. Jacob loved Joseph.
Luke 15;21-22	✓ Children should ask for forgiveness from parents. ✓ Parents have to forgive and reconcile with their children.
Matthew 2;13	✓ Parents protected their children from danger. ✓ Joseph and Mary took Jesus to Egypt for protection.
Proverbs 31;1-5	✓ Parents counselled children. King Lemuel's mother counselled him not to spend his energy on women.
1 Samuel 2;19	✓ Parents provide basics of life to their children. Hannah made a robe for Samuel annually.

Sub Topic 3:6

THE NATURE OF FAMILY IN TRADITIONAL AFRICAN SOCIETY

The nature of families in traditional African settings

(Activity 3;20 fountain, 3;23 baroque)

On.1. Explain the family life relationship in African Traditional Society.

On.2. What was the understanding of a family in African past?

On.3. Explain the characteristics of a family in traditional Africa.

- The family was extended in nature. The membership included the parents, the children and the relatives like uncles and grandparents. This is because of the communal way of life.
- The man was the head of the family. The family authority and decision making rested in his hands.
- Roles in the family were divided according to sex and age. The men had roles like hunting and digging while women mostly domestic duties like cooking, taking care of the children and collecting firewood. The children as well had different duties from the adults.
- The children were very important in a family. They provided labour, wealth and ensured the continuity of the family line among others.
- The education of the children was a community responsibility. Everyone had the responsibility of enforcing discipline among the children.
- All the children in the family belonged to the man. He had his final say over the children.
- Discipline was very strict. The children were taught morals and how to behave and relate with others. Respect in particular was highly emphasized.
- Marriage was compulsory for every grownup member of the family. The family members put every possible effort to prepare their young ones for marriage.
- There was the practice of inheriting widows. A woman married in that family belonged to all and therefore she could easily be taken over by another man in the family upon the death of the husband.
- Inheritance of the family property like land and cattle was from the father's line. It was only meant for the sons. The belief was that the gifts would get married to another family.
- The men were allowed to marry more than one wife. This ensured that many children were produced and it was a source of prestige among others.
- Each family had a common burial ground. This was a sign to show the departed were still members of the family.
- Each family had a shrine from which they could perform their religious rituals like offering sacrifices to the ancestors for purposes like receiving blessings.
- Initiation rites were common in African communities. There were puberty rites to show that one was soon becoming an adult. These included circumcisions among the Bagisu.
- Men were superior to women. The women were expected to be submissive to all the men in the family.

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Qn. What problems were common in the African traditional families

- Women held the inferior status and were to be submissive to the men in the family. Their views were less considered in the family.
- Domestic violence was a problem in some families. This was mostly against the women. It had associated problems such as bodily injuries and death.
- Food taboos existed in African families. Women were forbidden from eating certain types of food such as chicken, eggs and liver.
- Widow inheritance was a common practice that proved to be a problem. A woman could be forcefully taken over by the male relative of the deceased husband.
- Divorce was another problem in some African families. Although it was not easily accepted, men were allowed to send their wives away without giving them the chance of defending themselves.
- Poverty was also common in African families. In such cases, members lacked the basic requirement in life such as food. This rendered the family members vulnerable to diseases because of malnutrition.
- Forced marriage was recognized and accepted in African families. This meant that such families were not built on love but. This was responsible for the later conflicts in marriages.
- Early marriages existed in many traditional African families. Both boys and girls engaged in marriage affairs at early ages. This subjected such young couples to the burden of caring for their families at tender ages.
- Diseases such as malaria, typhoid, small pox etc., caused suffering in African families. Many members had to lose their dear lives because of lack of proper treatment.
- Marital unfaithfulness like adultery caused misunderstanding among the family members. To make it worse, it was only women who were punished for involving in adulterous practices. This gave men the opportunity to be unfaithful to wives.
- Witchcraft was common in African families. The witchcraft took the form of poisoning food and casting evil eyes among others. This was responsible problems like death, conflicts and fighting.
- There was witch hunting in some families. This was attributed to the belief that anything bad such as death and barrenness to happen had some one behind it. Thus, the innocent was victimized.

Qn. Explain the importance of children in African traditional families.

- The children played important roles in African traditional families. It was for this reason that a marriage without children was regarded useless
- The children prolonged to life span of the family. As the adult members continued to die, the children were left to continue with the family business. Therefore, producing insured against old age and death.
- The children provided labour for the family. They were assigned lighter duties like grazing animals and cleaning the compound for boys and cooking food and fetching water for the girls.
- Children were a source of security against external threats. The boys were trained how to defend the family from any intruder be it human beings or wild animals.
- Producing children proved that the married couples were normal. Childlessness was an illness and an abnormality.

- The children provided wealth to the family. The boys could bring wealth through cultivating crops and the girls contributed the family wealth through bride price wealth such as cattle and goats among others.
- The children gave status to their parents in the community. Such parents were respected and could be given community responsibilities like leadership.
- Children stabilized the family. Parents with disagreements or conflicts could easily forgive and reconcile because of their children.
- Children expanded the bond of kinship. The people in the community are made relatives through marriage of their children.
- The children provided and brought happiness to the family members. The parents were always happy to see their children play around in the compound.
- The children gave company to their parents. This was especially to the mothers who were always left at home as the fathers were away on duties like hunting.
- The children were taken as a source of blessings from the ancestors. This showed that the parents were in good terms with the ancestors.
- The children were the heirs to the family. They were there to inherit and take over the family property in the events of old age and death of the parents.

(Activity 3;21 fountain, 3;25 baroque)

Qn. Identify the main features or characteristics of a good family in traditional Africa.

This included;

- Having respect for elders.
- Having a good and strong kinship. That is to say strong family bonds were vital.
- Shared responsibilities amicably amongst all members I respectful of age.
- Effective communication
- An ideal family in African traditional society also had to have many children.
- General roles and equality of the family members.
- Emphasized moral values such as honesty, integrity, and compassion.
- Supportive and caring for one another at most the aged people and also young kid.
- Having enough food and security was also more vital
- Promoted the aspect of discipline in the family and those who misbehaved could be punished amicably.

Qn. Discuss to identify the ways modernity has influenced the African family

Modernity has completely tried to change the trends of the African families by causing changes on its dynamics, structures and values as follows;

- Traditional African societies always had extended family structures where multiple generations lived together. However, modernity has led to the emergency of nuclear families with focus on smaller household units. This shift is influenced by urbanization, migration and western models.
- Modernity has challenged traditional gender roles within African families. This are women gaining increased access to education, employment opportunities and

participation in public. This has led to shift in power dynamics, decision making and family expectations.

- Modernity has brought individualism with in African families. As societies become more influenced by western values, this has grown focus on personation, self-expression and individual rights.
- Modernity has expanded access to education and career opportunities for African individuals. This has led to change in family dynamics, as education and career aspiration may take proceedings over the traditional family roles and responsibilities.
- The advent of modern technology such as smart phones, internet etc. has transformed communication patterns within African families. Allows long distance communication making family members comfortable staying in distance with others.
- Modernity has also brought about shift in values and norms within African families. Traditional cultures and beliefs are challenged or modified as societies become more influenced by the global trends or changes.
- Modernity has improved access to healthcare services, leading to better health outcomes for the African families.

Comparison between African traditional and modern family life

(Activity 3;22 fountain, 3;26 baroque)

On. *In pairs, compare the traditional family and modern family tends in Uganda today.*

Differences

<i>Modern families</i>	<i>Traditional African families</i>
Are at most nuclear in nature	Were big and extended in nature.
Produce few children whom they can manage.	Produce many children.
Today due to emancipation, women also have rights in a family.	The father is the overall head of the family.
Widows are no longer inherited.	Widows were re-married in African traditional societies.
Many children headed families are common today.	Children were taken care after collectively.
Families are monogamous.	Families were polygamous.
Many single parent families today.	Divorce was not common in African tradition society.
Family members live apart in some families today because of work exposure.	Collective living of family members.
Non- marital child bearing is accepted.	Children outside marriage was questionable and unacceptable.
Bearing of children optional. Adoption is acceptable.	Failure to bear children was considered a curse.

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Similarities.

- In both, marriage is for procreation.
- In both, marriages require consent of both parents.
- Polygamous marriages occur in both, though to a small extent today.
- They are both hierarchical and patriarchal.
- In both, respect for elders is highly valued.
- In both, children are considered a source of social security because modern marriages also acknowledge the role that the extended family plays as social security in the society.

Lessons drawn from the good practices of a traditional African family

(Activity 3;23 fountain)

Qn. What are the good practices and values in the African traditional families.

- Respect for elders and parents.
- Divorce being rare.
- Value for good marriage.
- Participation in communal works.
- Honouring one another.
- Communal disciplinary of the misbehaving people.
- Living in extended families.
- Sex education of the young ones especially by the aunties and uncles.
- Marriage being a family affair not a personal affair and it was compulsory.

Qn. What lessons do we learn from the good practices and share how you will put them in practices at home, school and community.

- Respect for the elders.
- Respect for marriage.
- Respect for children production.
- Communal disciplinary.
- Communal work (together working efforts)
- Unselfishness.
- Story telling as a form of communication.
- Family gatherings to discuss family issues.
- Respecting the fathers as the family head.

Chapter summary activities.

1. Describe the nature of an African traditional family.
2. Outline the similarities between traditional and modern families.
3. Mention the good practices and values promoted in a traditional African family.
4. Identify the African traditional family values that are still relevant today.

SAMPLE ACTIVITIES OF INTEGRATION

Sample 1

Mr. obila grew up in an extended family. He did not like his experience with it. He therefore opted for a nuclear family. After marriage, it was his wife, children and himself that mattered.

He did not want anything to do with relatives. His son Patrick after marriage allowed in his home both his mother in law and her daughter. Life was okay at home at first since the grandmother could take care of the children and keep the home. Her daughter helped her with house chores as Patrick's wife had a job which engaged her every day from morning to evening.

A problem arose when the wife accused Patrick of having a relationship with her sister. Mr. Obila advised his son to get his sister in law out of his home in order to have peace. However, getting rid of the young lady was not an option because the mother would not let her go. Patrick's wife also insisted that her mother cannot go because she loved her so much and could not trust any maid with her children. She threatened to leave Patrick if he sent them away. Patrick did not know what to do.

Task

As a Christian Religious education student, prepare a presentation for a radio talk show addressing the problem above. In your presentation, include the following;

- 1. Explain the Christian values promoted by the family.*
- 2. Roles of the different members of the family in promoting the values of individuals responsibility.*
- 3. Use biblical teachings to explain to the radio listeners about harmonious living in a family.*

Sample 2

Musale is a 14-year-old boy. He lives in Kenanga village with her four siblings; two sisters and two young brothers. Both of their parents died and so Musale is now the head of the family. In their home, they have enough food and can get access to medical and other necessities of life. They all go to school at Busembo Primary school. But sometimes they feel bothered about their condition.

Task.

- 1. As a pastor or head of laity, prepare a sermon to give to such groups of people advising them on how to live a happy life.*
- 2. Using the bible, guide the child head on how to develop and uphold family values.*

End of chapter 3

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